

# Westlake Middle School | An IB World School

## Mt. Pleasant Central School District



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Dear WMS Families,

As with every flu season, we would like to make you aware of the increased activity during the months of January and February at WMS. Symptoms can include:

- Fever (although not everyone with flu has a fever)
- Cough
- Sore throat
- Runny or stuffy nose
- Body aches
- Headache
- Chills
- Tiredness
- Sometimes diarrhea and vomiting

If your child exhibits any of these symptoms, and you suspect they may have the flu, please seek medical care from your primary care physician.

Your children should cover their coughs and sneezes, carefully dispose of used tissues, wash their hands thoroughly with soap and water and refrain from sharing personal items with other students. Please keep children with these symptoms home from school until they are fever free (without Acetaminophen/Tylenol, Ibuprofen/Motrin or Advil) for a minimum of twenty-four hours and they are able to participate in daily school activities.

Each day, our custodial staff are diligently cleaning WMS handrails, door handles, desktops, and other surfaces. Please see the Health Services page on the District website ([link](#)) for additional information pertaining to Influenza.

Thank you for your attention.

Our Best,

A handwritten signature in black ink that reads "Adam Bronstein".

Dr. Adam Bronstein  
Principal

A handwritten signature in black ink that reads "Dawn McCarrick RN".

Dawn McCarrick  
Registered Nurse