

Pearl River Breakfast Menu

January 2021



Daily Gluten Free
Meals are
Available Only to
Students
With Documented
Food Restrictions

1
School Closed
Winter Recess

4
See Pick up Menu

5
See Pick up Menu

6
See Pick up Menu

7
See Pick up Menu

8
See Pick up Menu

A Complete Breakfast Meal:
Students Must Take at Least 3 of the 4
Components
Milk Choice:
Skim, 1% or Fat Free Chocolate
Hormone & Antibiotic Free
Gluten Free Meals are Available
Only to Students with
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11
Mini Cinnamon
Rolls
Mozzarella
Cheese Stick
Fruit/Juice/Milk

12
WG Pop Tart
Apple Sauce
Fruit/Juice/Milk

13
See Pick up Menu

14
Cinnamon Toast
Breakfast Bar
Mozzarella Cheese
Stick
Fruit/Juice/Milk

15
French Toast
Sticks
Chicken Sausage
Fruit/Juice/Milk

Available Daily
Blueberry Muffin, Nutri-grain Bar
Breakfast Bar

All School Meals Are Free to All
Students Until 6/30/21

18
School Closed
MLK Jr. Day

19
Pancakes and
Chicken Sausage
Box of Raisins
Fruit/Juice/Milk

20
See Pick up Menu

21
WG Bagel
Graham Crackers
Fruit/Juice/Milk

22
French Toast
Sticks
Chicken Sausage
Fruit/Juice/Milk

25
WG Pop Tart
Graham Crackers
Fruit/Juice/Milk

26
WG Bagel
Mozzarella Cheese
Stick
Fruit/Juice/Milk

27
See Pick up Menu

28
Blueberry Muffin
Mozzarella
Cheese Stick
Fruit/Juice/Milk

29
Pancakes and
Chicken Sausage
Box of Raisins
Fruit/Juice/Milk