

COVID-19 Guidance for Families (Grades K-12)

Begin with scenario 1, 2, 3, or 4 and follow the arrows, answering the questions for your child's situation.

1

My child feels sick

Tell the school and keep your child home.
Do you have a home test kit from your school?

YES

Take the first test immediately and take the second test 24 hours later.



BOTH tests are NEGATIVE (-)
your child may return to school when symptom free OR only has mild symptoms.* Symptoms must be improving.

OR



EITHER test is POSITIVE (+)
tell the school. Your child must stay home and isolate for the next 5 days. Your child may return to school on Day 6 if symptoms have improved.

NO

Get your child tested.



NEGATIVE (-)
Your child may return to school if symptom free OR only has mild symptoms. If using a home rapid test kit, take the first test immediately and take the second test 24 hours later.

OR



POSITIVE (+)
Tell the school. Your child must stay home and isolate for the next 5 days. Your child may return to school on Day 6 if symptoms have improved.

I am not testing my child.

Tell the school. Your child must stay home for the next 5 days. Your child may return to school on Day 6 if symptoms have improved.

2

My child tested positive for COVID-19

Tell the school.
Your child must stay home and isolate for the next 5 days.

It's the evening of Day 5.

Does your child have symptoms of COVID-19?

Symptoms include a fever of 100.0 degrees F or higher, chills, a cough, sore throat, new loss of taste or smell, fatigue, muscle or body aches, headache, congestion or runny nose, nausea or vomiting, diarrhea, or shortness of breath.



YES



Your child should continue to stay home until symptoms have improved AND your child may return to school if they are fever-free for the past 24 hours without the use of medicine OR have isolated for a full 10 days.

NO



Your child may return to school tomorrow (Day 6). Please ensure your child is wearing a well-fitting mask at school.

*Mild symptoms include being fever-free for 24 hours without the use of medication and/or having a minimal cough.

NOTE: If your child is returning to school on Day 6 after completing isolation, your child must be able to wear a well-fitting mask while at school, through Day 10.

NOTE: If your child is returning to school on Day 6 after completing isolation, your child must be able to wear a well-fitting mask while at school, through Day 10.

NOTE: If your child has recovered from a confirmed case of COVID-19 in the past 90 days, you can disregard the positive test result. Your child can continue to attend school unless symptomatic.

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3

My child was exposed to COVID-19 at school

Do you have a home test kit from your school?

YES

Take the first test on the day you receive the test kit.

NO

Ask your child's school for a rapid home test kit and follow the steps for YES.



NEGATIVE (-)

Your child may return to school the next day, UNLESS symptomatic.



POSITIVE (+)

Tell the school. Your child must isolate for the next 5 days. Your child may return to school on Day 6.

Does your child have symptoms of COVID-19?

Symptoms include a fever of 100.0 degrees F or higher, chills, a cough, sore throat, new loss of taste or smell, fatigue, muscle or body aches, headache, congestion or runny nose, nausea or vomiting, diarrhea, or shortness of breath.



YES

Take the second test immediately.

NO

Take the second test 5 days later.



NEGATIVE (-)

Your child may return to school the next day, UNLESS symptomatic.



NEGATIVE (-)

Your child may return to school the next day, UNLESS symptomatic.



POSITIVE (+)

Tell the school. Your child must isolate for the next 5 days. Your child may return to school on Day 6.



POSITIVE (+)

Tell the school. Your child must isolate for the next 5 days. Your child may return to school on Day 6.

NOTE: If your child has recovered from a confirmed case of COVID-19 in the past 90 days, you do not need a home test kit. Your child can continue to attend school unless symptomatic.

NOTE: If your child is returning to school on Day 6 after completing isolation, your child must be able to wear a well-fitting mask while at school, through Day 10.

4

My child was exposed to COVID-19 outside of school activity

(by a family member, at a birthday party, during soccer practice, at a house of worship, etc.)

Is your child considered fully vaccinated?*



YES



Your child may return to school the next day, UNLESS symptomatic. Please watch your child for symptoms. Your child does not need to use a home test kit or get tested for COVID-19.

NO



Tell the school. Your child must stay home and quarantine for the next 5 days. Your child may return to school on Day 6 if symptom free. Please watch your child for symptoms.

NOTE: If your child has recovered from a confirmed case of COVID-19 in the past 90 days, your child does not need to quarantine (regardless of vaccine status). Your child can continue to attend school unless symptomatic.

NOTE: If your child is unvaccinated and exposed to COVID-19 by someone who lives in your house, your child should continue to quarantine for an additional five days after a household member's isolation period has ended, if the positive household member and student are staying in the same home during that time.

*"Fully vaccinated" means that 2 weeks have passed since the final shot of a two-dose series or a one dose vaccine.