

# Pearl River Breakfast Menu

## December 2020

A Complete Breakfast Meal:  
Students Must Take at Least 3 of the 4  
Components  
**Milk Choice:**  
Skim, 1% or Fat Free Chocolate  
Hormone & Antibiotic Free  
**Gluten Free Meals are Available  
Only to Students with  
Documented Restrictions**

Available Daily  
Blueberry Muffin, Nutri-grain  
Breakfast Bar

**All School Meals Are Free to All  
Students Until 6/30/21**



**1**  
**French Toast Sticks**  
Chicken Sausage  
Fruit/Juice/Milk

**2**  
See Pick up Menu

**3**  
**WG Bagel**  
Mozzarella  
Cheese Stick  
Fruit/Juice/Milk

**4**  
**WG Pop Tart**  
Graham Crackers  
Fruit/Juice/Milk

**7**  
**Egg and Cheese on Bun**  
Chicken Sausage  
Fruit/Juice/Milk

**8**  
**Blueberry Muffin**  
Mozzarella  
Cheese Stick  
Fruit/Juice/Milk

**9**  
See Pick up Menu

**10**  
**Mini Pancakes and Chicken Sausage**  
Graham Crackers  
Fruit/Juice/Milk

**11**  
**WG Cereal**  
Box of Raisins  
Fruit/Juice/Milk

**14**  
**Mini Cinnamon Rolls**  
Mozzarella  
Cheese Stick  
Fruit/Juice/Milk

**15**  
**WG Pop Tart**  
Apple Sauce  
Fruit/Juice/Milk

**16**  
See Pick up Menu

**17**  
**Cinnamon Toast Breakfast Bar**  
Mozzarella Cheese  
Stick  
Fruit/Juice/Milk

**18**  
**French Toast Sticks**  
Chicken Sausage  
Fruit/Juice/Milk

**21**  
**WG Bagel**  
Graham Crackers  
Fruit/Juice/Milk

**22**  
**Pancakes and Chicken Sausage**  
Box of Raisins  
Fruit/Juice/Milk

**23**  
See Pick up Menu

**24**  
School Closed  
Winter Recess

**25**  
School Closed  
Winter Recess

**28**  
School Closed  
Winter Recess

**29**  
School Closed  
Winter Recess

**30**  
School Closed  
Winter Recess

**31**  
School Closed  
Winter Recess

Daily Gluten Free  
Meals are  
Available Only to  
Students  
With Documented  
Food Restrictions