

List of Online College & Career Exploration Activities/Resources

(Updated as of 4/9/2020; new additions are highlighted in yellow)

Elementary Level

Community Club

<http://teacher.scholastic.com/commclub/index.htm>

Community Club helps students better understand the role of different career options through a video format/read along books.

Careers are Everywhere Activity Booklet

http://www.breitlinks.com/careers/career_pdfs/CareerActivitiesBook.pdf

This booklet provides some suggestions to help young children begin to think about careers.

Career Family Tree

http://www.breitlinks.com/careers/career_pdfs/familytreews.pdf

Students take a look at the careers chosen by their grandparents, parents, aunts, uncles, and other relatives.

KidsWork!

<http://www.knowitall.org/kidswork/>

Explore interest/jobs in a variety of virtual workplaces.

Kids.gov

<https://kids.usa.gov/jobs/index.shtml>

Kids.gov provides information and videos describing a variety of jobs.

Virginia Career View (Vital Information for Education and Work)

<https://vacareerview.org/k5/> (**K-5 resources**)

Virginia Career View (Vital Information for Education and Work) provides access to games, websites including independent research and engaging K-12 activities.

Kidspiration Cool Jobs Videos - Career Resources for Kids

<https://www.teachervision.com/kidspiration-cool-jobs-videos-career-resources-kids>

These fun and interesting career exploration videos from TeacherVision and [Kidspiration](#) will inspire your students by bringing to life some of the coolest jobs in the world! Each video is an engaging interview, conducted by a kid, with an interesting adult who has a unique job or career. In addition to focusing on "a day in the life" of each job, the interviews include numerous tips and suggestions for students who want to develop the academic and 21st Century Skills required to make it in a cool and interesting career.

Middle School/High School Level

New York State CareerZone

www.careerzone.ny.gov

Career Zone is an internet-based career exploration and planning system developed by New York State Department of Labor. It offers direct access to in-depth career and education information for more than 800 occupations. CareerZone NY provides resources such as interest assessments, resume writing tools, budgeting tools, job descriptions, and videos to demonstrate what takes place in various job roles.

O*Net Online

<https://www.onetonline.org/>

O*Net provides information and resources on a variety of jobs and careers.

Career Family Tree

http://www.breitlinks.com/careers/career_pdfs/familytreews.pdf

Students take a look at the careers chosen by their grandparents, parents, aunts, uncles, and other relatives.

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My Next Move

<https://www.mynextmove.org/> (English website)

My Next Move is a web-based interactive tool for job seekers, students, and other career explorers to learn more about their career options.

Mi Próximo Paso

<https://www.miproximopaso.org/> (Spanish website)

Mi Próximo Paso is a web-based interactive tool for Spanish speaking job seekers, students, and other career explorers to learn more about their career options. Mi Próximo Paso includes all the features of the English-language site [My Next Move](#).

Virginia Career View (Vital Information for Education and Work)

<https://vacareerview.org/68/> (6-8 resources)

Virginia Career View (Vital Information for Education and Work) provides access to games, websites including independent research and engaging K-12 activities.

Virginia Career View (Vital Information for Education and Work)

<https://vacareerview.org/912/> (9-12 resources)

Virginia Career View (Vital Information for Education and Work) provides access to games, websites including independent research and engaging K-12 activities.

Nepris

<https://www.nepri.com/home/v4>

Nepri offers K-12 resources for various subjects and college and career readiness. Now **through April 30th, 2020 they are opening their Live Virtual Industry Chats and Video Library to everyone to help students stay engaged.** The Nepri Video Library offers a database of recorded conversations with industry professionals across a wide range of careers. You can search and filter by career clusters and grade levels. The LIVE Industry Chats.

Parent or teacher consent is required for students to join LIVE Industry Chats. A parent or teacher should first register for an Industry Chat to obtain a session access code to share with their student (s).

Get My Future

<https://www.careeronestop.org/GetMyFuture/default.aspx>

GetMyFuture is a one-stop resource to help anyone age 16 to 24 plan and achieve their career, education, and employment goals. This mobile-friendly website offers easy-to-use tools, information, videos, links to resources, and more to help young adults explore career options, learn about education and training opportunities, and find a job.

Careeronestop

<https://www.careeronestop.org/>

CareerOneStop is the flagship career, training, and job search website for the U.S. Department of Labor. The website serves job seekers, businesses, students, and career advisors with a variety of free online tools, information and resources, inclusive of various videos in English & Spanish.

Self-Assessments

What's your learning style?

<http://www.ldpride.net/learning-style-test.html>

Everybody has a preferred learning style. Knowing and understanding our learning style helps us to learn more effectively. This is particularly true for LD/AD(H)D people because of their different ways of learning. Through identifying your learning style, you will be able to capitalize on your strengths and improve your self-advocacy skills.

Education Planner.org

<http://www.educationplanner.org/students/self-assessments/index.shtml>

Students can use these interactive self-assessments to discover what they're good at, where they may have room for growth. They can also identify the things that interest them and get some ideas about careers to explore.

- [What Kind of Student Are You?](#)

Rate yourself on your study habits and in-class behaviors to see where you rank as a student.

- [What's Your Learning Style?](#)

Discover your learning style and find out how it influences the way you understand information and solve problems.

- [Which Study Habits Can You Improve?](#)

Start by identifying the strengths and weaknesses in your current study habits.

- [How Strong Is Your Character?](#)

Select the character traits that best define you and get some tips for building stronger character.

16 Personalities

<https://www.16personalities.com/>

11th and 12th graders explore your personality characteristics and how they relate to careers and workplace habits.

Who R U Assessment Interest Assessment

<https://vacareerview.org/resources/pdf/publications/WhoRU.pdf>

Students indicate their preferences by filling out this pdf self-assessment.

Careezone Assess Yourself - Target Your Interests

<https://www.careerzone.ny.gov/views/careerzone/guesttool/qa.jsf>

Students select interest areas aligned to the occupational domains that appeal to them the most. Work environments can be divided into the six broad interest areas on the right. These can be combined in many different ways and students learn how their unique combination of interests can assist them in determining jobs that are best suited to them.

Videos (Elementary, Middle & High School)

I Love My Job Video Series

<https://safeshare.tv/playlists/7412>

The I Love My Job Video Series highlight interviews from various professionals.

Road Trip Nation – Room to Grow

<https://roadtripnation.com/roadtrip/texas>

Follow along with four groups of high school students as they explore their local regions of Texas, talking to college students and professionals alike as they seek inspiration for their next steps. They sit down with people in varied education and career paths, from a fashion student to an Air Force pilot to a lawyer-turned-wind energy pioneer, and more. Throughout the journey, the roadtrippers realize that focusing their career aspirations doesn't have to limit their options for the future; choosing a path can open up their worlds in ways they had never imagined.

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Career Possibilities: Discover, Explore, Dream

https://www.youtube.com/watch?v=_qEmKVNC60

This webinar introduces teens to several online career resources that can help them identify career interest areas. Students will also learn about resources specific to Science, Technology, Engineering, and Math (STEM) career paths. The webinar includes video and audio interviews with several young adults working in STEM related fields.

Connecting Youth to Careers

<https://www.youtube.com/watch?v=jQtPxYliFuY>

This video follows Jessica from 9th grade through her senior year as she explores her strengths and interests, gains work experience and finds her career pathway. It covers self-awareness, career research and career planning activities. It also answers questions about what parents can do to help launch their teen on a successful career path.

Knowing Your Options: College, Independence, and Beyond

https://www.youtube.com/watch?v=f0werP_U64g

High school students learn about self-advocacy, self-determination, post-high school services and supports (including college and employment), the Americans with Disabilities Act (ADA) and Section 504, postsecondary and job accommodations, and disclosure.

Future Ready Student Voices Videos

<https://www.achieve.org/resources/student%20voices/video>

To capture student voices on what high expectations, college and career readiness, and their future mean to them, Achieve interviewed a number of high school students and recent high school graduates.

8 Habits of Highly Successful Students

<https://www.youtube.com/watch?v=JuYwsNO5XyY>

Eight habits for being successful in college and life.

Virtual Field Trip at Ford Motor Company

<https://agexplorer.com/virtual-field-trip/archive/2016-ford>

Go behind-the-scenes at Ford Motor Company in Dearborn, Mich., to learn how the needs of agriculture customers impact the design, engineering and testing of Ford F-Series trucks. Meet Ford employees who use advanced technologies to solve the practical challenges faced daily in agricultural settings.

Khan Academy Career Videos

<https://www.khanacademy.org/college-careers-more/career-content>

Explore Khan Academy's Career Series to learn about a wide range of careers.

Interviews with Entrepreneurs

<https://www.khanacademy.org/college-careers-more/entrepreneurship2/interviews-entrepreneurs>

Sal Khan interviews various successful entrepreneurs.

KQED – College & Career Readiness Video Library

<https://www.kqed.org/education/15433/60-videos-for-exploring-college-and-career-readiness>

Art School is a KQED web video series that introduces contemporary artists who discuss their careers and intentions, then demonstrate hands-on techniques or concepts. Art School provides resources for learning how to break dance, draw comic strips, create animations, and much more. Empower folks of all ages to engage with contemporary art, and discover new ideas for creativity from a variety of professional artists through this fun and engaging series.

Career Spotlight includes videos focusing on science careers in biotechnology and renewable energy from careers in Biotechnology - Learn about three careers in biotechnology from working professionals in the field. And careers in renewable energy - From a kite designer to a microbiologist, hear from engineers, a scientist, and a technician working to move the renewable energy industry forward.

The Secret Life of Scientists & Engineers is an Emmy-nominated web-series from the acclaimed PBS series, NOVA. "Secret Life" profiles today's leading scientists—and shows what they're like when the lab coats come off—showing viewers a human side of science that many students can relate to.

Interactive (Fillable) Activity Sheets

[Career Interview](#)

[Career Role Models](#)

[Family Chat](#)

[Plans for the Future](#)

[When Will I Ever Use This?](#)

[Who Are You? Interest Assessment](#)

[You've Got Talent](#)