

September 2022 Gluten Free Breakfast & Lunch Menu



Lunch Includes:
3 of the 5 Components
Choice of Fruit, Vegetable,
Grain, Meat or Meat Alternate
and Milk

Milk Choice:
Skim, 1% or Fat Free Chocolate
Hormone & Antibiotic Free

***Gluten Free Meals are
Available Only to
Students with
Documented
Restrictions***

Any questions please email:
Haug-Eric@aramark.com

Menu is subject to Change



This institution is an equal opportunity provider.

Boar's Head
SINCE 1905
NEW FOR 2022-23!
**Boar's Head
Cold Cuts**

**BACK
TO
SCHOOL**

1
**BACK
TO
SCHOOL**

2

5
School Closed

6
GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

7
GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

8
GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

9
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

12
GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

13
GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

14
GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

15
GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

16
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

19
GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

20
GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

21
GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

22
GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

23
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

26
School Closed

27
School Closed

28
GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

29
GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

30
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk