



## Health Screenings and Immunizations Needed For The 2021-22 School Year

Dear Tuckahoe Union Free School District Community,

As we begin to prepare for the 2021-22 school year, our primary concern remains the health and safety of our students. To that end, please be aware of the following health screening and immunization requirements needed to officially start the new school year:

Health Screenings and Immunizations Needed For The 2021-22 School Year. 2020 [Health Examination Form](#) (physicals) forms must be submitted at the start of the following grade levels for a child to attend school:

K, 1, 3, 5, 7, 9, and 11

*All new students to the District (regardless of incoming grade level)*

*Please submit all Health Physicals and immunizations forms along with any other medical forms (see below) needed for the student prior to the start of the 2021/2022 school year. They can be submitted via email to [Higginsf@tuckahoeschools.org](mailto:Higginsf@tuckahoeschools.org) for K-5 and [poulosl@tuckahoeschools.org](mailto:poulosl@tuckahoeschools.org) for 6-12 postal mail to William E Cottle School Attn School Nurse or TMS/THS Attn School Nurse.*

The Complete Health Packet tab has all forms needed just click and print. If the student has any of the noted conditions below please print forms accordingly and have MD fill out. Food allergy care plans, Asthma care plans, Seizure care plan, Diabetes care plan, OTC/prescription medicine authorization all can be printed out from the TUFSD Health page. [https://www.tuckahoeschools.org/school\\_nurse\\_information](https://www.tuckahoeschools.org/school_nurse_information).

### Immunizations Required 2021/2022 School Year: K to 5th Grade

(Dtap/DTP/Tdap) 5 doses or 4 doses if the 4th dose was received at 4 years old or older.  
Hepatitis B vaccine 3 doses  
Measles, Mumps and Rubella vaccine (MMR) 2 doses  
Polio vaccine (IPV/OPV) 4 doses or 3 doses if the 3rd dose was received at 4 years old or older.  
Varicella (Chickenpox) vaccine 2 doses

### Additional Immunizations Required 2021/2022 School Year Grades 6-12

**6th Grade:** All students who are moving up to the 6th grade in the fall are required to receive a Tdap vaccination when turning 11 years old. Proof of vaccination or proof of an appointment to be vaccinated is required within 30 days of school starting, or within 30 days of your child's 11th birthday, to avoid exclusion from school.

**7th Grade:** All students moving up to the 7th grade are required to receive the first dose of the meningococcal vaccine within two weeks of school starting in the fall. Proof of vaccination is required within 14 days of school starting to avoid exclusion from school.

**12th Grade:** All students moving up to the 12th grade in September are required to receive the second dose of the meningococcal vaccine. Proof of vaccination or proof of an appointment to be vaccinated is required within 30 days of school starting to avoid exclusion from school.

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# 2021-22 School Year New York State Immunization Requirements for School Entrance/Attendance<sup>1</sup>

**NOTES:**

Children in a prekindergarten setting should be age-appropriately immunized. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine should be in accordance with the ACIP-recommended immunization schedule for persons 0 through 18 years of age. Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes should meet the immunization requirements of the grades for which they are age equivalent.

**Dose requirements MUST be read with the footnotes of this schedule**

Vaccines	Prekindergarten (Day Care, Head Start, Nursery or Pre-k)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
<b>Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td)<sup>2</sup></b>	<b>4 doses</b>	<b>5 doses or 4 doses</b> if the 4th dose was received at 4 years or older or <b>3 doses</b> if 7 years or older and the series was started at 1 year or older		<b>3 doses</b>
<b>Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap)<sup>3</sup></b>		<b>Not applicable</b>		<b>1 dose</b>
<b>Polio vaccine (IPV/OPV)<sup>4</sup></b>	<b>3 doses</b>		<b>4 doses or 3 doses</b> if the 3rd dose was received at 4 years or older	
<b>Measles, Mumps and Rubella vaccine (MMR)<sup>5</sup></b>	<b>1 dose</b>		<b>2 doses</b>	
<b>Hepatitis B vaccine<sup>6</sup></b>	<b>3 doses</b>		<b>3 doses</b> or <b>2 doses</b> of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years	
<b>Varicella (Chickenpox) vaccine<sup>7</sup></b>	<b>1 dose</b>		<b>2 doses</b>	
<b>Meningococcal conjugate vaccine (MenACWY)<sup>8</sup></b>		<b>Not applicable</b>	<b>Grades 7, 8, 9, 10 and 11: 1 dose</b>	<b>2 doses or 1 dose</b> if the dose was received at 16 years or older
<b>Haemophilus influenzae type b conjugate vaccine (Hib)<sup>9</sup></b>	<b>1 to 4 doses</b>		<b>Not applicable</b>	
<b>Pneumococcal Conjugate vaccine (PCV)<sup>10</sup></b>	<b>1 to 4 doses</b>		<b>Not applicable</b>	

1. Demonstrated serologic evidence of measles, mumps or rubella antibodies or laboratory confirmation of these diseases is acceptable proof of immunity to these diseases. Serologic tests for polio are acceptable proof of immunity only if the test was performed before September 1, 2019 and all three serotypes were positive. A positive blood test for hepatitis B surface antibody is acceptable proof of immunity to hepatitis B. Demonstrated serologic evidence of varicella antibodies, laboratory confirmation of varicella disease or diagnosis by a physician, physician assistant or nurse practitioner that a child has had varicella disease is acceptable proof of immunity to varicella.
2. Diphtheria and tetanus toxoids and acellular pertussis (DTaP) vaccine. (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive a 5-dose series of DTaP vaccine at 2 months, 4 months, 6 months and at 15 through 18 months and at 4 years or older. The fourth dose may be received as early as age 12 months, provided at least 6 months have elapsed since the third dose. However, the fourth dose of DTaP need not be repeated if it was administered at least 4 months after the third dose of DTaP. The final dose in the series must be received on or after the fourth birthday and at least 6 months after the previous dose.
  - b. If the fourth dose of DTaP was administered at 4 years or older, and at least 6 months after dose 3, the fifth (booster) dose of DTaP vaccine is not required.
  - c. For children born before 1/1/2005, only immunity to diphtheria is required and doses of DT and Td can meet this requirement.
  - d. Children 7 years and older who are not fully immunized with the childhood DTaP vaccine series should receive Tdap vaccine as the first dose in the catch-up series; if additional doses are needed, use Td or Tdap vaccine. If the first dose was received before their first birthday, then 4 doses are required, as long as the final dose was received at 4 years or older. If the first dose was received on or after the first birthday, then 3 doses are required, as long as the final dose was received at 4 years or older.
3. Tetanus and diphtheria toxoids and acellular pertussis (Tdap) adolescent booster vaccine. (Minimum age for grades 6 and 7: 10 years; minimum age for grades 8 through 12: 7 years)
  - a. Students 11 years or older entering grades 6 through 12 are required to have one dose of Tdap.
  - b. In addition to the grade 6 through 12 requirement, Tdap may also be given as part of the catch-up series for students 7 years of age and older who are not fully immunized with the childhood DTaP series, as described above. In school year 2021-2022, only doses of Tdap given at age 10 years or older will satisfy the Tdap requirement for students in grades 6 and 7; however, doses of Tdap given at age 7 years or older will satisfy the requirement for students in grades 8 through 12.
  - c. Students who are 10 years old in grade 6 and who have not yet received a Tdap vaccine are in compliance until they turn 11 years old.
4. Inactivated polio vaccine (IPV) or oral polio vaccine (OPV). (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive a series of IPV at 2 months, 4 months and at 6 through 18 months, and at 4 years or older. The final dose in the series must be received on or after the fourth birthday and at least 6 months after the previous dose.
  - b. For students who received their fourth dose before age 4 and prior to August 7, 2010, 4 doses separated by at least 4 weeks is sufficient.
  - c. If the third dose of polio vaccine was received at 4 years or older and at least 6 months after the previous dose, the fourth dose of polio vaccine is not required.
  - d. For children with a record of OPV, only trivalent OPV (tOPV) counts toward NYS school polio vaccine requirements. Doses of OPV given before April 1, 2016 should be counted unless specifically noted as monovalent, bivalent or as given during a poliovirus immunization campaign. Doses of OPV given on or after April 1, 2016 should not be counted.
5. Measles, mumps, and rubella (MMR) vaccine. (Minimum age: 12 months)
  - a. The first dose of MMR vaccine must have been received on or after the first birthday. The second dose must have been received at least 28 days (4 weeks) after the first dose to be considered valid.
  - b. Measles: One dose is required for prekindergarten. Two doses are required for grades kindergarten through 12.
  - c. Mumps: One dose is required for prekindergarten. Two doses are required for grades kindergarten through 12.
  - d. Rubella: At least one dose is required for all grades (prekindergarten through 12).
6. Hepatitis B vaccine
  - a. Dose 1 may be given at birth or anytime thereafter. Dose 2 must be given at least 4 weeks (28 days) after dose 1. Dose 3 must be at least 8 weeks after dose 2 AND at least 16 weeks after dose 1 AND no earlier than age 24 weeks (when 4 doses are given, substitute "dose 4" for "dose 3" in these calculations).
  - b. Two doses of adult hepatitis B vaccine (Recombivax) received at least 4 months apart at age 11 through 15 years will meet the requirement.
7. Varicella (chickenpox) vaccine. (Minimum age: 12 months)
  - a. The first dose of varicella vaccine must have been received on or after the first birthday. The second dose must have been received at least 28 days (4 weeks) after the first dose to be considered valid.
  - b. For children younger than 13 years, the recommended minimum interval between doses is 3 months (if the second dose was administered at least 4 weeks after the first dose, it can be accepted as valid); for persons 13 years and older, the minimum interval between doses is 4 weeks.
8. Meningococcal conjugate ACWY vaccine (MenACWY). (Minimum age for grades 7 and 8: 10 years; minimum age for grades 9 through 12: 6 weeks)
  - a. One dose of meningococcal conjugate vaccine (Menactra, Menveo or MenQuadfi) is required for students entering grades 7, 8, 9, 10 and 11.
  - b. For students in grade 12, if the first dose of meningococcal conjugate vaccine was received at 16 years or older, the second (booster) dose is not required.
  - c. The second dose must have been received at 16 years or older. The minimum interval between doses is 8 weeks.
9. Haemophilus influenzae type b (Hib) conjugate vaccine. (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive Hib vaccine at 2 months, 4 months, 6 months and at 12 through 15 months. Children older than 15 months must get caught up according to the ACIP catch-up schedule. The final dose must be received on or after 12 months.
  - b. If 2 doses of vaccine were received before age 12 months, only 3 doses are required with dose 3 at 12 through 15 months and at least 8 weeks after dose 2.
  - c. If dose 1 was received at age 12 through 14 months, only 2 doses are required with dose 2 at least 8 weeks after dose 1.
  - d. If dose 1 was received at 15 months or older, only 1 dose is required.
  - e. Hib vaccine is not required for children 5 years or older.
10. Pneumococcal conjugate vaccine (PCV). (Minimum age: 6 weeks)
  - a. Children starting the series on time should receive PCV vaccine at 2 months, 4 months, 6 months and at 12 through 15 months. Children older than 15 months must get caught up according to the ACIP catch-up schedule. The final dose must be received on or after 12 months.
  - b. Unvaccinated children ages 7 through 11 months are required to receive 2 doses, at least 4 weeks apart, followed by a third dose at 12 through 15 months.
  - c. Unvaccinated children ages 12 through 23 months are required to receive 2 doses of vaccine at least 8 weeks apart.
  - d. If one dose of vaccine was received at 24 months or older, no further doses are required.
  - e. PCV is not required for children 5 years or older.
  - f. For further information, refer to the PCV chart available in the School Survey Instruction Booklet at: [www.health.ny.gov/prevention/immunization/schools](http://www.health.ny.gov/prevention/immunization/schools)

For further information, contact:

New York State Department of Health  
Bureau of Immunization  
Room 649, Corning Tower ESP  
Albany, NY 12237  
(518) 473-4437

New York City Department of Health and Mental Hygiene  
Program Support Unit, Bureau of Immunization,  
42-09 28th Street, 5th floor  
Long Island City, NY 11101  
(347) 396-2433



**Parent/Guardian Notification Regarding the Completion of  
the Required School Health Examination Form Effective 1/31/2021**

Dear Parent/Guardian,

Date:

Education Law requires all New York State (NYS) public school students to have a health exam when they are a new student in a school district and when they enter Pre-K or Kindergarten, and grades 1, 3, 5, 7, 9, and 11.

**Beginning on 1/31/21, schools cannot accept the health exam if it is not on the required form or the required health record equivalent.**

We have attached a letter and copy of the required form with instructions for your health care provider (HCP). The form and instructions are also on the nurses/health office page on the school website at <https://www.tuckahoeschools.org/> . Please share the attached papers at your child's next visit for a health exam with the health care provider (HCP).

**If you have questions, please contact:**

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Fax (914) 337-4126



**Health Care Provider Notification Regarding the Completion of  
the Required School Health Examination Form Effective 1/31/2021**

Dear Healthcare Provider,

Education Law requires all New York State (NYS) public school students to have a health exam as a new entrant, in Pre-K or Kindergarten, and grades 1, 3, 5, 7, 9, and 11.

**Effective 2/1/21, all health examinations performed for school must be documented on the NYS Required Health Examination Form or an electronic health record equivalent form - pursuant to Education Law. The form will be available on the NYSDOH Health Commerce System (HCS) in mid-February.**

**ONLY the approved form or an electronic health record equivalent form will be accepted by schools for health examinations conducted on or after 1/31/2021.**

Students who present a physical exam that is not acceptable will be required to have the parent/guardian contact your office to complete the correct form. We ask that you comply with Education Law and document a health exam on the correct form or electronic health record equivalent.

**Please note the components on the health exam form are required in NYS Law.**

The Instructions for Completion of New York State School Health Examination Form (included in this packet) provides directions to healthcare providers on the required components and the required presentation order of those components for an electronic health record form to be an equivalent form.

Thank you for assisting your patients and families by providing the documentation required by NYS Education Law.

Sincerely,

Dr. Amy Goodman  
Superintendent of Schools

## Instructions for Completion of New York State School Health Examination Form

This form is to be completed in its entirety, except fields designated as optional, by the private provider or school medical director. NYSED requires a physical exam for new entrants and students in grades pre-K or K, 1, 3, 5, 7, 9, and 11; annually for inter-scholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-school special education (CPSE). The date of examination must be not more than 12 months prior to the start of the school year and noted on form.

### Health History

Chronic medical conditions should be listed in patient's problem list.

- ICD-10 codes should accompany diagnoses ONLY for patients who have Medicaid and have an Individualized Education Plan (IEP) for special education in school and receive related services (i.e. nursing, social worker/psychologist, PT/OT/ST, or special transportation).
- Asthma, Seizure disorders, life threatening allergies and Diabetes must be included if diagnosed, and each require a separately attached care plan:
  - Diabetes- requires a Diabetes Medical Management Plan (DMMP) specifying the type of diabetes and most recent hemoglobin A1c (include date), See [NYSDOH Diabetes Medical Management Plan](#);
  - Seizure disorders care plans should include date of last known seizure; See [NYSCSH Seizure FCP with Medication Information](#) ;  
Asthma - Asthma Action Plans should include medication orders along with directives. See [NYSDOH Asthma Action Plan](#); and
  - Allergies - life threatening allergy care plans should specify what the patient is allergic to. See [AAAI Sample Anaphylaxis Emergency Action Plan](#) .
- Consider screening for T2DM if BMI% >85% and child has 2 or more risk factors: Family history of T2DM, Ethnicity, Symptoms of insulin resistance, History of gestational diabetes in the mother, and or pre-diabetes.
- Include hyperlipidemia and hypertension if diagnosed.
- Include mention of unpaired eye, kidney or testicle if relevant.
- Include mental health diagnoses where permitted by patient/family.
- Under allergies, List all allergies including medication, food, insects, latex, and other environmental allergens.
- Attach medication administration forms for medication which will be administered in school
- Past medical history must include any concussions with the dates of when they occurred.
- Height, weight, and BMI must be provided including percentile for each, as well as marking appropriate BMI category.
- Pulse and respiratory rate are to be documented for students with diagnosed respiratory or cardiac conditions.

### Laboratory and Diagnostic Testing

- Tuberculosis screening, if indicated and performed, should specify type of testing (PPD or Interferon-gamma release assay), result, and test date.  
Screening for vision and hearing in grades PreK or K, 1, 3, 5, 7, and 11, and for scoliosis in grades 5 and 7 for girls, grade 9 for boys that is not done or reported on the school form will be performed by the school.
- Vision screening should include the results of distance acuity testing in each eye (pass is 20/30 or better), an assessment of near vision acuity (pass is 20/40 or better). Color vision (pass/fail) is required if student is attending a new school. See [NYSED Vision Screening Guidelines for Schools](#)
- Hearing screening should be performed at 20 db and pass or fail noted for each frequency (500Hz, 1000Hz, 2000Hz, 4000Hz); children  $\geq 11$  years of age should be screened for high frequency hearing loss by testing at 6000Hz and 8000Hz. See [NYSED Hearing Screening Guidelines for Schools](#)
- Lead screening- indicate if screening done for students in PreK or K.

### Physical Examination

- A complete physical exam must include the following systems: HEENT, Dental, Neck, Lymph nodes, Lungs, Abdomen, Back/Spine including screening for scoliosis (see above grade levels), Genitourinary, Extremities, Skin, Neurological, Speech/Language, Social-Emotional, and Musculoskeletal.
- Abnormal findings on review of systems and physical exam should be noted
- Tanner Staging (1-5) must be supplied ONLY for any student in Grades 7 or 8 to play sports at a high school level or Grades 9-12 to play middle school level sports.

### Assessment and Recommendations

- State has no restrictions if applicable
- Please note any restrictions on physical activity including participation in physical education, sports, playground and work. Include applicable limitations on contact sports - baseball, basketball, competitive cheerleading, field hockey, football, ice hockey, lacrosse, soccer, softball, volleyball, and wrestling, non-contact sports- archery, badminton, bowling, cross country, fencing, golf, gymnastics, riflery, skiing, swimming and diving, and track & field, or other specific restrictions.

- **List any accommodations required for participation including but not limited to: Brace/Orthotic, Insulin pump/sensor, Protective equipment, Colostomy appliance, Medical/Prosthetic device, Sport safety goggles, Hearing aids, Pacemaker/Defibrillator, etc. Specific approval and associated documentation may be required if use of device will occur during athletic competitions, please check with athletic governing body for more information.**
- **Chronic medications should be listed- medication strength/concentration, formulation, dose, frequency, and timing should be noted for those medications to be administered during the school day.**
- **Providers may attach an immunization form or refer to NYSIIS registry if record available and complete.**
- **Referrals, such as those for abnormalities on vision or hearing screening should be noted.**
- **Please include any additional information that may be useful to the school that is not otherwise solicited.**

**REQUIRED NYS SCHOOL HEALTH EXAMINATION FORM  
TO BE COMPLETED BY PRIVATE HEALTH CARE PROVIDER OR SCHOOL MEDICAL DIRECTOR  
IF AN AREA IS NOT ASSESSED INDICATE NOT DONE**

**Note:** NYSED requires a physical exam for new entrants and students in Grades Pre-K or K, 1, 3, 5, 7, 9 & 11; annually for interscholastic sports; and working papers as needed; or as required by the Committee on Special Education (CSE) or Committee on Pre-School Special education (CPSE).

**STUDENT INFORMATION**

Name	Sex: <input type="checkbox"/> M <input type="checkbox"/> F	DOB:
School:	Grade:	Exam Date:

**HEALTH HISTORY**

<b>Allergies</b> <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type	Type: <input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Anaphylaxis Care Plan Attached
<b>Asthma</b> <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type	<input type="checkbox"/> Intermittent <input type="checkbox"/> Persistent <input type="checkbox"/> Other : <input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Asthma Care Plan Attached
<b>Seizures</b> <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type	Type: <input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Seizure Care Plan Attached Date of last seizure:
<b>Diabetes</b> <input type="checkbox"/> No <input type="checkbox"/> Yes, indicate type	Type: <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> Medication/Treatment Order Attached <input type="checkbox"/> Diabetes Medical Mgmt. Plan Attached

**Risk Factors for Diabetes or Pre-Diabetes:** Consider screening for T2DM if BMI% > 85% and has 2 or more risk factors: Family Hx T2DM, Ethnicity, Sx Insulin Resistance, Gestational Hx of Mother, and/or pre-diabetes.

BMI \_\_\_\_\_ kg/m<sup>2</sup>

Percentile (Weight Status Category):  <5<sup>th</sup>  5<sup>th</sup>-49<sup>th</sup>  50<sup>th</sup>-84<sup>th</sup>  85<sup>th</sup>-94<sup>th</sup>  95<sup>th</sup>-98<sup>th</sup>  99<sup>th</sup> and >

Hypertlipdemia:  No  Yes  Not Done      Hypertension:  No  Yes  Not Done

**PHYSICAL EXAMINATION/ASSESSMENT**

<b>Height:</b>	<b>Weight:</b>	<b>BP:</b>	<b>Pulse:</b>	<b>Respirations:</b>
<b>Laboratory Testing</b>	<b>Positive</b> <input type="checkbox"/> <b>Negative</b> <input type="checkbox"/>	<b>Date</b>	<b>List Other Pertinent Medical Concerns</b> (e.g. concussion, mental health, one functioning organ)	
TB- PRN <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Sickle Cell Screen-PRN <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
<b>Lead Level Required Grades Pre- K &amp; K</b>	<b>Date</b>			
<input type="checkbox"/> Test Done <input type="checkbox"/> Lead Elevated $\geq 5$ $\mu\text{g/dL}$				
<input type="checkbox"/> System Review and Abnormal Findings Listed Below				
<input type="checkbox"/> HEENT	<input type="checkbox"/> Lymph nodes	<input type="checkbox"/> Abdomen	<input type="checkbox"/> Extremities	<input type="checkbox"/> Speech
<input type="checkbox"/> Dental	<input type="checkbox"/> Cardiovascular	<input type="checkbox"/> Back/Spine	<input type="checkbox"/> Skin	<input type="checkbox"/> Social Emotional
<input type="checkbox"/> Neck	<input type="checkbox"/> Lungs	<input type="checkbox"/> Genitourinary	<input type="checkbox"/> Neurological	<input type="checkbox"/> Musculoskeletal
<input type="checkbox"/> Assessment/Abnormalities Noted/Recommendations:		Diagnoses/Problems (list)		ICD-10 Code*
<input type="checkbox"/> Additional Information Attached				

\*Required only for students with an IEP receiving Medicaid

Name:

DOB:

**SCREENINGS**

Vision (w/correction if prescribed)	Right	Left	Referral	Not Done
Distance Acuity	20/	20/	<input type="checkbox"/> Yes <input type="checkbox"/> No	<input type="checkbox"/>
Near Vision Acuity	20/	20/		<input type="checkbox"/>
Color Perception Screening	<input type="checkbox"/> Pass <input type="checkbox"/> Fail			<input type="checkbox"/>

Notes

Hearing Passing indicates student can hear 20dB at all frequencies: 500, 1000, 2000, 3000, 4000 Hz; for grades 7 & 11 also test at 6000 & 8000 Hz. Not Done

Pure Tone Screening    Right  Pass  Fail    Left  Pass  Fail    Referral  Yes  No   

Notes

Scoliosis Screen Boys in grade 9, and Girls in grades 5 & 7    Negative     Positive     Referral  Yes  No    Not Done

**RECOMMENDATIONS FOR PARTICIPATION IN PHYSICAL EDUCATION/SPORTS/PLAYGROUND/WORK**

- Student may participate in all activities without restrictions.
- Student is restricted from participation in:
  - Contact Sports: Basketball, Competitive Cheerleading, Diving, Downhill Skiing, Field Hockey, Football, Gymnastics, Ice Hockey, Lacrosse, Soccer, and Wrestling.
  - Limited Contact Sports: Baseball, Fencing, Softball, and Volleyball.
  - Non-Contact Sports: Archery, Badminton, Bowling, Cross-Country, Golf, Rifery, Swimming, Tennis, and Track & Field.
  - Other Restrictions:

Developmental Stage for Athletic Placement Process ONLY required for students in Grades 7 & 8 who wish to play at the high school interscholastic sports level OR Grades 9-12 who wish to play at the modified interscholastic sports level.

Tanner Stage:  I  II  III  IV  V    Age of First Menses (if applicable) : \_\_\_\_\_

Other Accommodations\*: (e.g. Brace, orthotics, insulin pump, prosthetic, sports goggle, etc.) Use additional space below to explain. \*Check with athletic governing body if prior approval/form completion required for use of device at athletic competitions.

**MEDICATIONS**

Order Form for Medication(s) Needed at School Attached

**IMMUNIZATIONS**

Record Attached     Reported in NYSIIS

**HEALTH CARE PROVIDER**

Medical Provider Signature:

Provider Name: (please print)

Provider Address:

Phone:

Fax:

**Please Return This Form To Your Child's School When Completed.**

**TUCKAHOE U.F.S.D.**  
**EMERGENCY INFORMATION CARD**  
(PLEASE PRINT)

Grade \_\_\_\_\_ Date \_\_\_\_\_

NAME \_\_\_\_\_ BIRTHDATE \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY/ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

WHERE CAN PARENTS BE REACHED IF NOT AT HOME?

MOTHER'S NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_ CELL/BEEPER \_\_\_\_\_

FATHER'S NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_ CELL/BEEPER \_\_\_\_\_

LIST below 2 neighbors/relatives to call in case of emergency.

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_ CELL/BEEPER \_\_\_\_\_

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_ CELL/BEEPER \_\_\_\_\_

PLEASE FILL OUT AND SIGN THE OTHER SIDE

In case of accident or serious illness Tuckahoe School District will contact the parents or the alternates listed on this card. However, this does not preclude the school from summoning emergency assistance and transporting a child to the hospital emergency room by ambulance if necessary. I will not hold the school district legally or financially responsible for this action.

\_\_\_\_\_  
SIGNATURE OF PARENT OR GUARDIAN

\_\_\_\_\_  
DATE

Medical Conditions: \_\_\_\_\_

Allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

Please indicate any accidents, illnesses or operations in the past 12 months: \_\_\_\_\_

Local Physician's Name: \_\_\_\_\_ Local Dentist's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Telephone Number: \_\_\_\_\_

**TUCKAHOE UNION FREE SCHOOL DISTRICT  
HEALTH OFFICE  
EASTCHESTER, NY 10707**

**Health History Section**

Name: \_\_\_\_\_ Grade/Teacher: \_\_\_\_\_ D.O.B.: \_\_\_\_\_

**Parent Guardian**

Please answer the following questions by checking the YES or NO box. If Yes, describe the condition below:

Has your child experienced:

- |  |                         |                      |            |
|--|-------------------------|----------------------|------------|
| 1. Any serious head injury or concussion?  | Yes                     | No                   |            |
| 2. Any loss of consciousness or a seizure? | Yes                     | No                   |            |
| 3. Any chronic illness:                    |                         |                      |            |
| Asthma _____                               | Bleeding disorder _____ | Diabetes _____       |            |
| High blood Pressure _____                  | Allergies _____         | Heart disease _____  |            |
| High cholesterol _____                     | Anemia _____            | Other _____          |            |
| 4. Any disease or injury of the following: |                         |                      |            |
| Eyes _____                                 | liver _____             | ears _____           | skin _____ |
| Kidneys _____                              | joints _____            | testicles _____      |            |
| Muscles _____                              | bones _____             | nervous system _____ |            |
- 
- |  |     |    |  |
|--|-----|----|--|
| 5. Any injury or illness requiring medical attention?  | Yes | No |  |
| 6. Any illness lasting more than 5 days?   | Yes | No |  |
| 7. Taking any medication or under a physicians care at this time?  | Yes | No |  |
| 8. Wears orthodontic appliance?  | Yes | No |  |
| 9. Any teeth capped or replaced?   | Yes | No |  |
| Started taking a medication regularly?   | Yes | No |  |
| 10. Chicken Pox/or had infectious mononucleosis?   | Yes | No |  |
| 11. Had any hospitalization surgery or fracture?   | Yes | No |  |
| 12. Does your child wear contact lenses or glasses?  | Yes | No |  |
| 13. Had a relative who died suddenly before the age of 50?<br>(i.e. Grandparent, mother, father, brother, or sister) | Yes | No |  |
| 15. Has your child recently passed out during exercise or stopped exercising because of dizziness or fatigue?        | Yes | No |  |
| 16. Has your child ever suffered a heat-related illness?   | Yes | No |  |
| 17. Does your child see a physician regularly for a specific problem?  | Yes | No |  |
| 18. Is your child allergic to any medications, bee-stings or other allergies? _____                                  | Yes | No |  |
| 19. Chest pain or exertion?  |     |    |  |
| 20. Heart palpitations related to exercise?  | Yes | No |  |
| 21. History of Kawasaki Disease?   | Yes | No |  |
| 22. History of Lime Disease?   | Yes | No |  |
| 23. Diagnosis of Marfans syndrome?   | Yes | No |  |
| 24. Diagnosis of Turners syndrome?   | Yes | No |  |
| 25. History of malignancy?   | Yes | No |  |
| 26. Any condition that may be exacerbated by playing sports?   | Yes | No |  |
| 27. Any change in eating habits? Weight gain _____ Weight loss _____   | Yes | No |  |

Comments:

Parent/Guardian: I have reviewed the above health history. I hereby certify that the above information is accurate and current and my child does not have any medical condition that would affect participation in sports activities and/or Physical Education classes.

Parent/Guardian Signature: \_\_\_\_\_

Student's Signature: \_\_\_\_\_

**PLEASE NOTE:** Personal appliances such as glasses, contact lenses, braces and/or hearing aids involve a certain degree of risk to your child. Parent/Guardian is responsible for loss or damage to such personal appliances.



**HEALTH OFFICE**

**TO: Parent/Guardians**

**FROM: The School Nurse's Office**

**Re: School Medication Administration**

If your child needs to take medication, either prescription or non-prescription during school hours, you and your doctor must complete the form attached to this letter. Bring the form and the medication to the school nurse. The medication must be in a properly labeled bottle.

If medication is not properly labeled and we do not have signed parent/doctor consent, we cannot give the medication.

We must work together for the health and well being of our students and your children.

If you have any questions, please do not hesitate to call the Health Office.

Thank you for your cooperation.

Sincerely,  
W.E. Cottle Nurse  
TMS/THS Nurse

914-337-5376 ext 1282  
914-337-5376 ext 1236

**Reminders:**

Be sure that the doctor completes the form. (The doctor may attach an RX form.)

Prescriptions must be in the original container.

Do not send any pill or liquid to school with your child.

Over the counter drugs must be in original container and must follow the above.



**Tuckahoe School District  
Health Offices**

**Tuberculosis Screening**

Either A or B *must* be completed by a physician. If either is *not* completed, this form will be returned

Patient's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_  
(please print)

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**A).  
PPD (Mantoux)**

Date placed \_\_\_\_\_ Date read \_\_\_\_\_ Result in mm \_\_\_\_\_ M.D. initials \_\_\_\_\_

**B). Tuberculin screening is *not* indicated at this time \_\_\_\_\_  
M.D. initials \_\_\_\_\_**

Last PPD on record · Date placed \_\_\_\_\_ result \_\_\_\_\_

**If test result is positive :**

Chest x-ray : Date \_\_\_\_\_ result \_\_\_\_\_  
INH therapy: yes \_\_\_\_\_ no \_\_\_\_\_ Date \_\_\_\_\_

Additional comments: \_\_\_\_\_  
\_\_\_\_\_

Physician's signature \_\_\_\_\_ Stamp or Print \_\_\_\_\_  
Date \_\_\_\_\_



Mr. Austin Goldberg  
Director of Health, PE & Athletics  
65 Shwanoy Blvd.  
Eastchester, NY 10709

Tel: (914) 337-6600 ext. 1999  
Fax: (914) 337-5236  
Goldberg@tuckahoeschools.org  
www.tuckahoeschools.org

## RELEASE TO EXCHANGE CONFIDENTIAL INFORMATION

I hereby authorize you to exchange all pertinent and confidential information regarding \_\_\_\_\_

(Student Name)

I also authorize a representative of the Tuckahoe School District to speak with and exchange information with the person(s)/organization listed below:

The information may be exchanged with:

Agency/Name:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

This release has been authorized by:

Signed:

\_\_\_\_\_

Relationship:

\_\_\_\_\_

Date:

\_\_\_\_\_

Release

*Preparing Every Student for Excellence.*

**TUCKAHOE UNION FREE SCHOOL  
DISTRICT HEALTH OFFICE**

**DENTAL HEALTH CERTIFICATE**

Parent/Guardian: New York State Law (Chapter 281 ) permits school's to request a dental examination in the following grades: school entry, K, 2, 4, 7, and 10. Please complete Section 1 and take the form to your dentist for an assessment. If your child had a dental check-up, ask your dentist to fill out section 2. Return the completed form to the school nurse as soon as possible. *The date of the exam needs to be within 12 months of the start of the school year in which it is requested.*

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**Section 1. To be completed by parent or Guardian ( Please Print )**

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Child's Name: Last \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Birth Date: month \_\_\_\_\_ day \_\_\_\_\_ year \_\_\_\_\_ Sex: male \_\_\_\_\_ female \_\_\_\_\_ Grade: \_\_\_\_\_

Will this be your child's first visit to a dentist? Yes \_\_\_\_\_ No \_\_\_\_\_

---

**Section 2. To be completed by the Dentist**

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The Dental Health condition of \_\_\_\_\_ on \_\_\_\_\_.  
(name of student) (date of exam)

*The date of the exam needs to be within 12 months of the start of the school year in which it is requested. Please check the following:*

\_\_\_\_\_ Yes, The student listed above is in fit condition of dental health to permit his/her attendance at the public schools.

\_\_\_\_\_ No, The student listed above is *not* in fit condition of dental health to permit his/her attendance at the public schools.

\_\_\_\_\_ Yes, All necessary dental work for the above student has been *completed*.

\_\_\_\_\_ Yes, The student listed above is presently *undergoing* dental treatment.

**Note:** Not in fit condition of dental health means that a condition exists that interferes with a student's ability to chew, speak or focus on school activities including pain, swelling or infection related to clinical evidence of open cavities. The designation of not in fit condition of dental health to permit attendance at the public school does not preclude the student from attending school.

Dentist's name and address (please print or stamp)

Dentist's Signature:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_