





Upson-Lee Middle School









March 2024 Menu

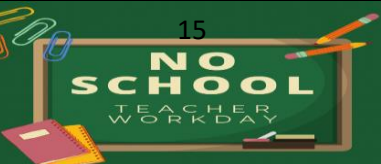



Monday	Tuesday	Wednesday	Thursday	Friday
 Root vegetables 				1 Fish Sticks w/ Hushpuppies OR PBJ Sandwich French Fries Coleslaw



Read & Eat Across America

Go, Dog. Go! 4 Hot Dogs OR PBJ Sandwich French Fries Broccoli w/ Cheese 	Take a Dip on a Chip 5 Nachos OR Wrap or Sandwich Black Beans Nacho Toppings 	Poodles with Noodles 6 Spaghetti w/ Garlic Knot OR Wrap or Sandwich Buttered Corn Sun Splash Juice 	If I ran the ZOO 7 Spicy Tender Basket w/ Roll OR Wrap or Sandwich Side Salad Baby Carrots w/Dip & Animal Crackers 	1  2  Red  Blue  8 Cheesy BBQ Tots OR PBJ Sandwich Coleslaw Goldfish Crackers 
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11 Crispy Chicken Sandwich OR Spicy Chicken Sandwich Waffle Fries Broccoli w/ Cheese	12 Hamburger w/ Chips PBJ w/ Chips Baked Beans Coleslaw	13 Popcorn Chicken w/ Mac-N-Cheese OR Spicy Tenders w/ Mac-n-Cheese Green Beans Dragon Punch Juice	14 Sweet & Sour Meatballs OR Wrap or Sandwich Roasted Carrots Steamed Broccoli	15 
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18 Nachos OR PBJ Sandwich Mexican Corn Salsa	19  Crispy Chicken Leg w/ Roll OR Sandwich Potatoes Au Gratin Turnip Greens	20 Chicken Alfredo w/ Breadstick OR Wrap or Sandwich Roasted Carrots Black-eyed Peas	21 Breaded Beef Patty w/ Roll OR Wrap or Sandwich Creamy Potatoes Early Peas	22 Spicy Tender Basket w/ Roll OR PBJ Sandwich French Fries Coleslaw
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25 Sloppy Joe OR PBJ Sandwich Potato Smiles Cabbage	26 Popcorn Chicken w/ Mac-N-Cheese OR Wrap or Sandwich Green Beans Dragon Punch Juice	27 Spaghetti w/ Garlic Knot OR Wrap or Sandwich Whole Kernel Corn Side Salad	28 Poppy Seed Chicken w/ Rice OR Wrap or Sandwich Carrot Coins Sun Splash Juice	29 BBQ Sandwich OR PBJ Sandwich Baked Beans Coleslaw
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UL Pizzeria & Grab & Go

Pepperoni	Cheese	Pepperoni	Assorted Pizza	Stuffed Cheese Sticks
Chef Salad w/ Crackers	Garden Salad w/ Crackers	Tuna Salad Croissant	Chef Salad w/ Crackers	Garden Salad w/ Crackers

Breakfast Grab & Go

A variety of options available daily on our Grab-N-Go Lines at each entrance location.

Yogurt Parfaits, Pop tart options, Assorted Cereal/Granola Bars, Apple Frudels, Multigrain Bars, Assorted Breakfast Pastries, and various other options.

A hot breakfast option is available in the cafeteria.

Chicken Biscuit	French Toast w/ Sausage	Sausage Biscuit	Steak Biscuit	Biscuits w/ Gravy
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Menu's are subject to change based on availability of items with distributors. "USDA is an equal opportunity provider and employer."

All lunch meals are served with vegetable, fruit, and milk options. All breakfast meals are served with fruit, juice and milk options