

APRIL 2021 Child Nutrition UPK

HOT BIC

Monday

Tuesday

Wednesday

Thursday

Assorted
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Friday



EASTER BREAK

EASTER BREAK



EASTED BREAK



EASTED BDEAK



EASTER BREAK



Egg & Melted
Cheese Sandwich
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Yogurt 4 oz.
with Granola
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

French Toast Sticks
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted Low Sugar
Cereal w/Cheese Stick
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Warm Pancakes
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Egg & Melted
Cheese Sandwich
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Yogurt 4 oz.
with Granola
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted Low Sugar
Cereal w/Cheese Stick
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Yogurt 4 oz.
with Granola
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Warm Pancakes
w/Maple Syrup
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Pillsbury Bagel-ful
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted
Muffin Loaves
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

Assorted Low Sugar
Cereal w/Cheese Stick
1/2 cup 100% Fruit Juice
1/2 cup Assorted Fruit
Choice of Milk

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The U.S.D.A. and NYSED have granted free Breakfast and free Lunch to ALL

students until

further notice

Assorted Fruit

Fresh Fruit-1 Piece ex (apple, banana, orange

Frozen Fruit Cup ½
cup

Prepared Fruit Cup ½
cup
Ex. (pear, pear,
peaches, applesauce)