APRIL 2023 Lunch Menu

Middle School and High School

Student Lunch - \$3.25 Adult Meals - \$5.02+tax

Lunch includes 3 of the 5 components: Choice of Fruit, Vegetable, Grain, Meat/ Meat Alternative and Milk (Must include a Fruit or a Vegetable)

Milk Choice: Skim. 1% or Fat Free Chocolate (Hormone & Antibiotic Free)

Daily Options: HS: Made to Order Deli MS: Premade Sandwiches and Salads Pizza: Cheese, Pepperoni, and **Specialty Pies** Chicken Patties, Burgers **Chicken Tenders Assorted Fruit and Vegetable Options**

*Accommodations for Special Dietary Needs are available only to students with an annually completed "Special Dietary Needs Medical Statement Form"

Any questions please email:

Menu is subject to change

WG- Whole Grain WW- Whole Wheat



SCHOOLS CLOSED NO LUNCH

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6

13

SCHOOLS CLOSED NO LUNCH

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Grilled Chicken Caesar Salad WG Wrap **Baby Carrots** Grapes

12

5

Brunch for Lunch WG Pancakes Turkey Sausage Hashbrowns Fresh Strawberries

Popcorn Chicken

Mashed Potatoes Seasoned Corn Orange

14

Hot Dog (Beef) on a WG Bun **Baked Beans** Steamed Green Beans Apple

17

10

Meatless Monday

Baked Ziti Vegetarian Beans Honeydew Melon

18

11

General Tso's Chicken Steamed Broccoli Brown Rice Oranges

19

Sausage and Peppers Penne Pasta Green Beans Fresh Apple

20

Popcorn Chicken Mashed Potatoes Seasoned Corn Strawberries

21

Bacon (pork), Egg, and Cheese Sandwiches Hashbrowns Grapes

24

Meatless Monday

Baked Mac and Cheese Garlic Toast Roasted Cauliflower Apple

25

Brunch for Lunch

WG Pancakes Turkey Sausage Hashbrowns Fresh Strawberries 26

Chicken Nachos Cheese Sauce Black Beans Orange

27

Meatballs (Beef) WG Spaghetti **Baby Tomatoes** Fresh Melon

28

BBQ Pulled Pork Sandwich Coleslaw Grapes

31

Meatless Monday

Cheese Ravioli Brown Rice Seasoned Corn Pineapple





This institution is an equal opportunity provider.