

December 2021

Gluten Free Breakfast & Lunch Menu

**ALL SCHOOL MEALS
ARE FREE FOR ALL
STUDENTS THRU 6/30/22**

**Daily Lunch Offerings:
Ham, Turkey, Tuna
Garden and Grilled Chicken
Salad Sandwiches on
Gluten Free Bread or Wraps**

**Assorted Fresh Fruit
or 100% Fruit Juice**

**Milk Choice:
(Hormone & Antibiotic Free)
Skim, 1% or Fat Free
Chocolate**

***Gluten Free Meals are Available
Only to Students with
Documented Restrictions***
If you have any questions or
would like to order from this
menu, please email:
cooper-nicole@aramark.com



This institution is an equal opportunity provider.



1

GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Peas
Fresh Fruit and Milk

2

GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

3

GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

6

GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

7

GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

8

GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
4 Bean Salad
Fresh Fruit and Milk

9

GF Blueberry Muffin
Fruit and Milk

No Lunches Served
Early Dismissal

10

GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese Pizza
Baby Carrots
Fresh Fruit and Milk

13

GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

14

GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

15

GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Celery Sticks
Fresh Fruit and Milk

16

GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Black Bean Salad
Fresh Fruit and Milk

17

GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

20

GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

21

GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

22

GF Lucky Charms Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Baby Carrots
Fresh Fruit and Milk

23

GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

24

School Closed

Winter Recess

27

School Closed

Winter Recess

28

School Closed

Winter Recess

29

School Closed

Winter Recess

30

School Closed

Winter Recess

31

School Closed

Winter Recess