September 2021 1 2 3 Middle and High School Breakfast Menu Image: Content of Signand Content Bage! Bacon, Egg, and Content Bage! Bacon, Egg, and Mik Bacon, Egg, and Choice of Fruit and Mik Bacon, Egg, and C		Contraction of the second				
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NenuSchool Closed Rosh HashanahSchool Closed Rosh HashanahSchool Closed Rosh HashanahSchool Closed Rosh HashanahBacon, Egg, and Cheese on Whole Grain Bagel Reduced Fat Strawberry Pop TartBacon, Egg, and Cheese on Whole Grain Bagel Breakfast Careal Bar Choice of Fruit and MilkBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and <th>High School</th> <th>An and the second se</th> <th></th> <th>and His construction of the second</th> <th></th> <th>Alternet with the second second second second</th>	High School	An and the second se		and His construction of the second		Alternet with the second second second second
NenuSchool Closed Rosh HashanahSchool Closed Rosh HashanahSchool Closed Rosh HashanahSchool Closed 	Breakfast	6	7	8	9	10
A Complete Breakfast Meal: Students Nutsi Take at Least 3 of the 4 Components: Milk Fruik, Grain and Protein Image: Students Meal: Students Nutsi Take at Least 3 of the 4 Components: Milk Fruik, Grain and Protein Image: Students Meal: Students Nutsi Take at Least 3 of the 4 Components: Milk Fruik, Grain and Protein Image: Students Meal: Students Nutsi Take at Least 3 of the 4 Components: Milk Fruik, Grain and Protein Image: Students Nutsi Oness on Whole Grain Bage! Image: Students Nutsi Oness on Whole Grain Bage! <t< th=""><th></th><th>School Closed</th><th></th><th></th><th>Cheese on Whole</th><th>Cheese on Whole</th></t<>		School Closed			Cheese on Whole	Cheese on Whole
1314151617Milk Choice: Skim, 1% or Fat Free Chocolate Hormone & Antibiotic FreeBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole Grain BagelSchool Closed Yom KippurBacon, Egg, and Cheese on Whole Grain BagelGluten Free Meals are Available Only to Students with Decumented Restrictions Free Menu2021222324Please See Separate Gluten Free MenuBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole Grain Bagel2021222324Any questions please email: cooper-nicole@aramark.comBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole Gra	Students Must Take at Least 3	+ DAY-+	Kushi Hashanan	i cosii mashanan	Reduced Fat Strawberry Pop Tart Choice of Fruit and	Breakfast Cereal Bar Choice of Fruit and
Mik Choice: Brite Strawberry Pop TartBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole Grain BagelSchool Closed Yom KippurBacon, Egg, and Cheese on Whole Grain BagelMikMole Grain Creat MikMole Grain Creat MikMole Grain Muffin Choice of Fruit and MikSchool Closed Yom KippurBacon, Egg, and Cheese on Whole Grain BagelSchool Closed Yom KippurBacon, Egg, and 	Milk, Fruit, Grain and Protein	13	14	15	16	17
Choice of Fruit and MilkChoice of Fruit and MilkCluten Free Meals are Available Ocumented Restrictions Please See Separate Gluten Free Menu2021222324Bacon, Egg, and Choice of Fruit and MilkBacon, Egg, and Choice of Fruit and Milk2021222324Bacon, Egg, and Choice of Fruit and MilkBacon, Egg, and Choese on Whole Grain BagelBacon, Egg, and Choese o	Skim, 1% or Fat Free Chocolate	Bacon, Egg, and Cheese on Whole	Bacon, Egg, and Cheese on Whole	Bacon, Egg, and Cheese on Whole	School Closed	Bacon, Egg, and Cheese on Whole
Only to Students with Documented Restrictions Please See Separate Gluten Free Menu2021222324Bacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole 	Gluton Free Meels are Available	Choice of Fruit and	Choice of Fruit and	Choice of Fruit and		Choice of Fruit and
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Free MenuBacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Wh		20	21	22	23	24
Whole Grain Cereal Cooper-nicole@aramark.comWhole Grain Cereal Choice of Fruit and MilkWhole Grain Muffin Choice of Fruit and MilkWhole Grain Muffin Choice of Fruit and MilkStrawberry Pop Tart Choice of Fruit and MilkBreakfast Cereal Bar Choice of Fruit and MilkAll School Meals Are Free For All Students Until 6/30/2227283027282830Bacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and Cheese on Whole Grain Bagel	Free Menu	Cheese on Whole	Cheese on Whole	Cheese on Whole	Cheese on Whole Grain Bagel	Cheese on Whole
Free For All Students Until 6/30/2227282830Bacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and 		Choice of Fruit and	Choice of Fruit and	Choice of Fruit and	Strawberry Pop Tart Choice of Fruit and	Choice of Fruit and
Free For All Students Until 6/30/2227282830Bacon, Egg, and Cheese on Whole Grain BagelBacon, Egg, and 	All School Meals Are		A REAL PROPERTY AND A REAL			
Students Until 6/30/22 Bacon, Egg, and Bacon, Egg, and Bacon, Egg, and Bacon, Egg, and Bacon, Egg, and Cheese on Whole Cheese on Whole Grain Bagel Bacon, Egg, and Cheese on Whole Grain Bagel Grain Bagel Grain Bagel Grain Bagel Grain Bagel Grain Bagel Whole Grain Cereal Whole Grain Muffin Whole Grain Muffin Strawberry Pop Tart	Free For All	27	28	28	30	
Whole Grain Cereal 🚽 Whole Grain Muffin 🚽 Whole Grain Muffin Strawberry Pop Tart	Students Until 6/30/22	Bacon, Egg, and Cheese on Whole	Bacon, Egg, and Cheese on Whole	Bacon, Egg, and Cheese on Whole	Bacon, Egg, and Cheese on Whole Grain Bagel	
	aramark	Choice of Fruit and	Choice of Fruit and	Choice of Fruit and	Strawberry Pop Tart Choice of Fruit and	