



# Pearl River Elementary School Menu May 2019

## Lunch must include:

Fresh/Canned Fruit or  
100% Fruit Juice or  
Vegetable

## Milk Choice:

1%, Skim or Chocolate Skim  
Hormone & Antibiotic Free.

## Lunch Alternatives:

Garden Salad, Bagel Lunch  
w/Yogurt or Cheese Stick

**Sandwich choices:** Turkey,  
Ham, Cheese or PB&J

Lunch \$2.50 Reduced .25  
Allergies or Dietary Needs  
Email: spina-eileen@aramark.com



This institution is an equal opportunity provider.



Daily Gluten Free  
Options  
Chicken Patty or  
Garden Salad with  
Yogurt

**Must Be  
Ordered One  
Day in Advance**

**1**  
Corn Dogs  
BBQ Baked  
Beans  
Baby Carrots

**2**  
Meatball Parm  
on a Hoagie  
with Sauce  
and Cheese  
Green Beans  
GF- Meatball  
Sandwich

**3**  
Fresh Baked  
Cheese or  
Pepperoni Pizza  
Tossed Salad  
GF- Pizza

**6**  
Chicken Patty on  
a Bun  
Broccoli  
Pears  
GF-Chicken Patty

**7**  
Eggo Waffles,  
Hash Brown  
Patty  
Carrot Coins  
Applesauce

**8**  
Nacho Platter  
Seasoned Beef,  
Cheese Sauce,  
Tortilla Chips,  
Baby Carrots &  
Celery Sticks

**9**  
Mac & Cheese  
Dinner Roll  
Diced Carrots  
GF- Pasta with  
Cheese

**10**  
Fresh Baked  
Cheese or  
Pepperoni Pizza  
Tossed Salad  
GF- Pizza

**13**  
Popcorn  
Chicken,  
Seasoned Rice  
Green Beans  
Pears  
GF- Garden  
Salad with Yogurt

**14**  
Pancakes, Egg  
Patty  
Applesauce,  
Baby Carrots  
GF- Egg on a Bun

**15**  
Grilled Cheese,  
Baked Fries  
Applesauce

**16**  
Chicken Nuggets  
& Mozzarella  
Sticks  
Green Beans  
GF- Chicken  
Nuggets

**17**  
Fresh Baked  
Cheese or  
Pepperoni Pizza  
Baby Carrots  
GF- Pizza

**20**  
Beef Hot Dog  
Baked Fries and  
Baked Beans  
GF- Garden  
Salad with Egg

**21**  
French Toast  
Sticks  
Hash Brown  
Patty  
Applesauce  
GF- Egg on a

**22**  
Hamburger or  
Cheeseburger  
Baked Fries,  
Peaches  
GF- Hamburger

**23**  
Fresh Baked  
Cheese or  
Pepperoni Pizza  
Broccoli  
GF- Pizza

**24**  
Memorial  
Weekend  
5/24 -5/28

**29**  
Chicken  
Nuggets, Tater  
Tots  
Yogurt Parfait  
Apple

**30**  
Egg & Cheese  
on a Bagel w/ or  
wo Bacon  
Diced Carrots  
Applesauce  
GF Egg on a  
Bun

**31**  
Mac & Cheese  
Dinner Roll  
Diced Carrots  
GF- Pasta with  
Cheese



Ice Cream Cup  
or  
Polar Ice Pop  
Wednesdays  
beginning May 8  
\$1.00