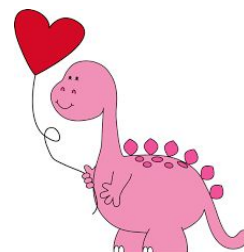


3K February News

What are we learning?

We have been and will continue to learn about how to stay safe and healthy. We have learned about safety rules and germs. In the coming weeks we will talk about healthy eating and exercise. Have your child tell you about their favorite healthy habit.



Math:

During the month of February we will continue to learn all about patterns. With your child, look for patterns in clothes, rugs, blankets, and other places around your home.

Letter Study:

Jj, Nn, Hh, Mm, Vv, Xx, Kk, Qq. Look for these letters when reading with your child.

Important Dates:

2/6/18- Meet the Prek Teachers @ 2:50.

2/16/18-2/23/18- NO SCHOOL (Midwinter Recess).

At Home:

While we talk about being safe and healthy in school, practice healthy habits at home. Try to limit TV/screen time and eat more fruits and vegetables! Remember sleep is very important in staying healthy. Doctors recommend children 2-4 get 10-12 hours of sleep a night.

