

September 2021

Elementary Lunch Menu

Lunch Includes:

3 of the 5 Components
Choice of Fruit, Vegetable,
Grain, Meat or Meat Alternate
and Milk

Milk Choice:

Skim, 1% or Fat Free
Chocolate
Hormone & Antibiotic Free

Lunch Alternatives:

Whole Grain Bagel w/ Yogurt
Turkey, Ham, Cheese, or
PB&J Sandwich
Grilled Chicken or Garden
Salad

Gluten Free Meals are Available Only to Students with Documented Restrictions

Please See Separate Gluten
Free Menu

Any questions please email:
cooper-nicole@aramark.com

All School Meals Are
Free For All Students
Until 6/30/22



This institution is an equal opportunity provider.

1

Hamburger or
Cheeseburger
On a Whole Grain
Bun
Baked Veggie Beans
Apple Slices
Choice of Milk

2

Breakfast for Lunch
French Toast Sticks
Chicken Sausage
Fresh Cucumber
Slices
Choice of Milk

3

Fresh Baked Cheese
or Pepperoni Pizza
Baby Carrots
Apple Slices
Choice of Milk

6

School Closed



7

School Closed
Rosh Hashanah

8

School Closed
Rosh Hashanah

9

All Beef Hot Dog
Veggie Baked Beans
Fruit Cup
Choice of Milk

10

Fresh Baked Cheese
or Pepperoni Pizza
Baby Carrots
Apple Slices
Choice of Milk

13

Chicken Tenders
Steamed Green
Beans
Fruit Cup
Choice of Milk

14

Taco Tuesday!
Seasoned Beef in a
hard shell
Corn
Apple Slices
Choice of Milk

15

Chicken Parm
Sandwich
Steamed Broccoli
Apple Sauce
Choice of Milk

16

School Closed
Yom Kippur

17

Fresh Baked Cheese
or Pepperoni Pizza
Baby Carrots
Apple Slices
Choice of Milk

20

Chicken Nuggets
Dinner Roll
Steamed Broccoli
Fruit Cup
Choice of Milk

21

Breakfast for Lunch
French Toast Sticks
Chicken Sausage
Baby Carrots
Apple Slices
Choice of Milk

22

Chicken Patty
Sandwich
Steamed Green
Beans
Sliced Cucumbers
Choice of Milk

23

Nachos
Seasoned Beef w/
Cheddar Cheese
Sauce and WG
Tortilla Chips
Black Beans
Fruit Cup
Choice of Milk

24

Fresh Baked Cheese
or Pepperoni Pizza
Baby Carrots
Apple Slices
Choice of Milk

27

Breakfast for Lunch
Mini Maple Burst
Pancakes
Chicken Sausage
Sliced Cucumbers
Fruit Cup
Choice of Milk

28

Sweet and Sour
Chicken
Rice
Sliced Pepper Strips
Apple Slices
Choice of Milk

28

Baked Macaroni and
Cheese
Dinner Roll
Steamed Broccoli
Apple Sauce
Choice of Milk

30

Popcorn Chicken
Steamed Green
Beans
Fruit Cup
Choice of Milk