



# Re-Thinking Trauma Treatment

Each person is said to experience at least one trauma in their lives. Trauma treatments have had varying results, often unsuccessful, leaving people frustrated and alone. This presentation will present trauma treatment approaches which are evidence-based. These emerging best practices show great promise in healing people after traumatic experiences.

Leila Clark, Regional Advocacy Specialist, LMSW, LPN, from the NYS Office of Mental Health, will speak from personal experience about healing from her own trauma using these approaches along with helping individuals heal from their trauma through her work as a nurse at an In-patient Alcohol and Substance Use Treatment Facility and treating veterans.

**New City Library**

**220 N. Main St.**

**New City, NY 10956**

**Wednesday, March 18, 2020**

**7:00pm**

**Information/RSVP: 845-359-8787**

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**Find Help. Find Hope**