

Breakfast Menu

Pearl River High School

**May
2024**

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM



Monday


Tuesday



Wednesday



Thursday

Friday

6 Egg and Cheese Sandwich 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



7 Sausage and Egg Sandwich
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



8 Blueberry Muffin 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



9 Whole Grain Bagel with Cream Cheese 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



10 Whole Grain French Toast Slices 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk


13 Strawberry Pop Tart
Fat Free Chocolate Milk
100% Orange
Tangerine
NY Strawberry Banana Yogurt Cup



14 Blueberry Muffin 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



15 Egg and Cheese Sandwich 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



16 Whole Grain Bagel with Cream Cheese 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



17 Ham Egg & Cheese Sandwich 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk


20 Sausage and Egg Sandwich
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



21 Chocolate Chip Muffin 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk


22 Whole Grain French Toast Slices 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk



23 Whole Grain Bagel with Cream Cheese 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk


24 Maple Mini Waffles 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk

27 

28 WW Honey Bun 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk
Apple Slices

29 Blueberry Muffin 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk

30 Whole Grain Bagel with Cream Cheese 
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk

31 Sausage and Egg Sandwich
Yogurt Breakfast Pack 
100% Orange
Tangerine
Fat Free Chocolate Milk
1% Milk

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Prices

Regular: \$2.00
Reduced: \$0.00
Adult Breakfast \$3.00
plus Tax
Milk Student \$.75
Adult Milk \$.75 Plus Tax

Available Daily at Captains Quarters!

Assorted Reduced Sugar Breakfast Cereals,
Fruit Parfaits, Toasted Bagels, Smoothies
Apple and Orange Juice
Fresh Fruit Apples and/or Oranges

If you have any questions, please contact your food service director Mike Canzone @ canzonem@whitsons.com

