



Pearl River Elementary School Menu January 2020

Lunch Includes

3 of the 5 Components
Choice of Fruit or Juice,
Vegetable, Grain, Meat or Meat
Alternate and Milk

Milk Choice:

1%, Skim or Chocolate Skim
(Hormone & Antibiotic Free)

Lunch Alternatives:

Garden Salad, Bagel Lunch
w/Yogurt or Cheese Stick

Sandwich Choices:

Turkey, Ham, Cheese, Bologna,
Salami or PB&J

**Gluten Free Meals are Available
Only to Students with
Documented Food Restrictions**

Lunch \$2.50 Reduced .00

Allergies or Dietary Needs

Email:

alberts-david@aramark.com



This institution is an equal opportunity provider.



**Complete Lunch
\$2.50**

**Reduced Lunch
\$0.00**



**2 Breakfast for Lunch
French Toast
Sticks**
Chicken Sausage
Patty
Tater Tots, Fruit Cup

**3 Pizza Friday
Fresh Baked
Cheese or
Pepperoni Pizza**
Steamed Broccoli
Fruit Juice

6 Chicken Nuggets
Dinner Roll
Mashed Potatoes
Fresh Apple Slices

7 Bosco Sticks
Cheese Filled
Breadsticks with a
Side of Marinara
Seasoned Green
Beans
Fresh Orange

**8 Hamburger or
Cheeseburger**
On a WG Bun
Veggie Baked Beans
Baby Carrots
Fruit Cup

**9 Breakfast for Lunch
Mini Maple
Madness Waffles**
Chicken Sausage
Patty
Tater Tots
Fruit Juice

**10 Pizza Friday
Fresh Baked
Cheese or
Pepperoni Pizza**
Steamed Broccoli
Fruit Cup

13 Chicken Patty
On a WG Bun
Seasoned Corn
Fresh Apple Slices

**14 Homemade
Mac & Cheese**
Breadstick
Green Beans
Fresh Orange

**15 Pirate Combo
Chicken Nuggets
&
Mozzarella Sticks**
Dinner Roll
Baby Carrots
Fruit Juice

**16 Breakfast for Lunch
French Toast
Sticks**
Chicken Sausage
Patty
Tater Tots
Fresh Cup

**17 Pizza Friday
Fresh Baked
Cheese or
Pepperoni Pizza**
Steamed Broccoli
Grilled Garbanzos
Fruit Juice

**20 ML King Jr. Day
No School**

21 Bosco Sticks
Cheese Filled
Breadsticks with a
Side of Marinara
Seasoned Green
Beans
Fresh Apple Slices

**22 Hamburger or
Cheeseburger**
On a WG Bun
Veggie Baked Beans
Tomato Wedges
Fresh Orange

**23 Breakfast for Lunch
Mini Maple Burst
Pancakes**
Chicken Sausage
Patty
Tater Tots
Fruit Juice

**24 Pizza Friday
Fresh Baked
Cheese or
Pepperoni Pizza**
Steamed Broccoli
Fruit Cup

27 Popcorn Chicken
Dinner Roll
Mashed Potatoes
Fresh Apple Slices

**28 Homemade
Mac & Cheese**
Breadstick
Green Beans
Fresh Orange

**29 Pirate Combo
Chicken Nuggets
&
Mozzarella Sticks**
Dinner Roll
Baby Carrots
Fruit Juice

**30 Breakfast for Lunch
French Toast
Sticks**
Chicken Sausage
Patty
Tater Tots
Fresh Cup

**31 Pizza Friday
Fresh Baked
Cheese or
Pepperoni Pizza**
Veggie Baked Beans
Steamed Broccoli
Fruit Juice