BREAKFAST/LUNCH *BARNWELL WARHORSE CAFÉ’ #45* FEBRUARY 2020

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| --- | --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| 3  Hamburger or Cheeseburger on a Bun  Lettuce, Tomato, Pickle  Sliced Carrots  Fries  Grape Juice  BRK:  Banana Muffin  Fruit | 4  Turkey Ham Sub  Lettuce, Tomato, Pickle  Sweet Potato Fries  Corn on the Cob  Spiced Apples  Fruit Cocktail  BRK:  Maple Waffle  Juice/Raisins | 5  Country Fried Steak  Macaroni & Cheese  Green Beans  Carrots  Biscuit  Raisins  Pineapple  **BRK:**  Cherry Strudel  Fruit cup | 6  Baked Chicken  Brown Rice & Gravy  Black Eyed Peas  Collard Greens  Cornbread  Fruit Punch Juice  Apple  **BRK:**  Plain Bagel w/Cream Cheese  Fresh Fruit | 7  Fish Nuggets or  Popcorn Chicken  Garlic Mashed Potatoes  Roll  Veggie Cup  Diced Pears  Banana  **BRK:**  Chocolate Chip Muffin  Fruit Juice  Sidekick |
| 10  Taco Salad w/Chips or  Grilled Chicken Sandwich  Lettuce, Tomato, Cheese  Refried Beans  Cinnamon Roll  Peach Cup  Apple Juice  **BRK:**  Sausage Biscuit  Fruit Juice / Cup | 11  Chicken Alfredo  Egg Noodles  Sweet Potato Patty  Sweet Peas  Dinner Roll  Fruit Cocktail  Orange Slices  **BRK:**  Mini Cinni  Fresh Fruit | 12  Meatloaf  Baby Carrots  Mashed Potatoes  Wheat Roll  Sidekick  Slice Red Apples  **BRK:**  Apple Cinnamon Muffin  Fruit cup | 13  Chicken Tenders  Mustard Greens  Rice & Gravy  Biscuit  Succotash  Strawberries  Grape Juice  **BRK**:  Cherry Strudel  Fresh Fruit | 14    *NO SCHOOL*  **Teacher’s In-service Day** |
| 17  *NO SCHOOL* | 18  Salisbury Steak  Baked Potato  Sour Cream  Carrots  Roll  Pineapple Tidbits  Apple  **BRK:**  Blueberry Pancake  Fruit Cup | 19  Smoked Sausage  Cabbage  Red Rice  Green Beans  Dinner Roll  Banana  Fresh Grapes  **BRK:**  Sausage Biscuit  Fruit Juice  Sidekick | 20  Spaghetti W/ Noodles  Breadstick  Corn  Tossed Salad  Strawberries  Fruit Punch Juice  **BRK**:  Banana Bread  Fresh Fruit | 21  Chicken Filet or  Fish Filet on Wheat Bun  Lettuce, Tomato, Pickles  California Blend  Potato Tots  Apple Juice  Peaches  **BRK:**  Sausage, Egg & Cheese  Soft taco  Fruit Cup |
| 24  Wrangler’s Beef Chili or  Tuna Salad Sandwich  Corn Muffins  Tossed Salad  Corn on Cob  Pineapple tidbits  Grape Juice  **BRK:**  Strawberry Pop Tart  Fruit cup | 25  Chicken & Rice Stir Fry  Sweet Peas  Sweet Potato Patty  Whole Apples  Pineapple Tidbits  Dinner roll  Fruit Juice  BRK:  Grape Crescent  Fruit Juice  Sidekick | 26  Meatball Sub on a Bun  Vegetable Blend  Green Beans  French Fries  Apple Cobbler  Sidekick  **BRK**:  Cinnamon French Toast  Fresh Fruit | 27  BBQ Pork  Brown Rice  Stewed Tomatoes  Broccoli & Cheese  Corn Bread  Fruit Salad  Banana  **BRK:**  Peach Biscuit  Fresh Fruit | 28  Pizza Choice (Pepperoni,  Cheese, Or Sausage)  Corn  Potato Wedges  Applesauce  Juice  **BRK**:  Pancake Pup  Fruit cup |
| **\*\*\*\***MILK CHOICE SERVED DAILY WITH BREAKFAST AND LUNCH\*\*\*\*  \*\*\* MENU SUBJECT TO CHANGE\*\*\*  \*\*Chef Salad (High, GBMS) Choice SERVED AS A SECOND ENTRE’ TUES-THURS\*\*  \*\*P&J Sandwich (PRIMARY, ELEM SCHOOL) Choice SERVED AS A SECOND ENTRE’  CHOICE TUES- THURS\*\* | | | | |

This Institution is an equal opportunity provider.