










# Upson-Lee High School

## February 2024 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Cruciferous Vegetables:</b> Broccoli, Cauliflower, & Cabbage			1 Sweet & Sour Meatballs w/ Rice Steamed Broccoli Roasted Carrots	2 Little Smokies w/ Mac-N-Cheese Baked Beans Coleslaw
5 Hamburger Potato Smiles Cheesy Broccoli	6 Knights Chicken Bowl Popcorn Chicken, Creamy Potatoes Biscuit, Corn	7 Chicken Noodle Soup w/ Crackers Lima Beans Dragon Punch Juice	8 Meatball Marinara Hoagie Chips Varity of Veggie Cups w/ Dip	9 #SuperBowl Tailgate Tacos Kick-Off Veggies Corn, Lettuce, Tomatoes, Onions 
12 Crispy or Spicy Chicken Sandwich French Fries Green Beans	13 Spaghetti w/ Garlic Toast Whole Kernel Corn Sun Slash Juice	14 #Valentines "Heart~y" Nuggets w/ Roll  Mashed Potatoes Turnip Greens	15 Nachos Salsa & Sour Cream Refried Beans	16 BBQ Sandwich w/ Chips Fresh Veggie Cup w/ Dip Dragon Punch Juice
19	20 	21 <b>Winter Break</b>	22 	23
26 Fajita Burrito Salsa, Lettuce, Sour Cream Refried Beans	27 Spicy Tender Basket w/ Garlic Toast French Fries Baby Carrots w/ Dip	28 #NationalPancakeDay Pancakes w/ Sausage Hash Brown Sun Splash Juice 	29 Chicken Alfredo w/ Breadstick Steamed Broccoli Black-eyed Peas	
UL Pizzeria & Grab & Go				
Pepperoni	Cheese	Pepperoni	Assorted Pizza	Stuffed Cheese Sticks
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Menu's are subject to change based on availability of items with distributors. "USDA is an equal opportunity provider and employer."				
All lunch meals are served with vegetable, fruit, and milk options. All breakfast meals are served with fruit, juice and milk options				