

Pearl River High School

December 2020

Lunch Includes:

3 of the 5 Components
Choice of Fruit, Vegetable,
Grain, Meat or Meat
Alternate and Milk

Milk Choice:

Skim, 1% or Fat Free
Chocolate

Hormone & Antibiotic Free

**Gluten Free Meals are
Available Only to
Students with
Documented Restrictions**

Daily Options:

**Made to Order Deli and
Salads**

Pizza:

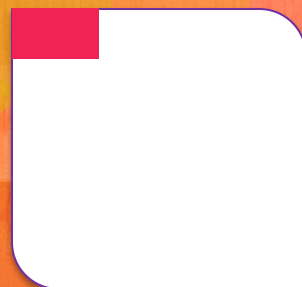
**Cheese, Pepperoni, and
Specialty Pies**

Also Available:

**Spicy and Plain Chicken
Patties, Burgers, Black Bean
Burgers, Chicken Tenders**

**All School Meals Are Free to
All Students Until 6/30/21**

Please Practice Social Distancing
Masks are Required in Food Service
Areas



1

Meatball Parm Sub

Steamed Broccoli
Fresh Apple
Choice of Milk

2

See Pick Up Menu

3

Backyard Burger Cheese & BBQ Sauce

Steamed Carrots
French Fries
Fruit Juice
Choice of Milk

4

Mexican Beef Bowl

Black Beans and Rice
Fruit Juice
Choice of Milk

7

Buffalo Chicken Fingers

WG Breadstick
Steamed Broccoli
Apple Slices
Choice of Milk

8

Cheese filled Breadsticks

Marinara Sauce
Steamed Green Beans
Fruit Juice
Choice of Milk

9

See Pick Up Menu

10

Chicken Quesadilla

Salsa and Sour Cream
Roasted Corn
Apple Slices
Choice of Milk

11

Corn Dog

Veggie Baked Beans
Fresh Apple
Choice of Milk

14

Bacon Cheese Burger

Tater Tots
Fruit Cup
Choice of Milk

15

BBQ Chicken Flat Bread

Streamed Broccoli
Apple Slices
Choice of Milk

16

See Pick Up Menu

17

Breakfast for Lunch French Toast Sticks

Sausage Patty
Tater Tots
Fruit Cup
Choice of Milk

18

Beef Nachos

Salsa and Sour Cream
Black Beans
Apple Slices
Choice of Milk

21

Popcorn Chicken

WG Dinner Roll
Steamed Broccoli
Apple Slices
Choice of Milk

22

Philly Cheese Steak Sandwich

Steamed Green Beans
Fresh Apple
Choice of Milk

23

See Pick Up Menu

24

School Closed
Winter Recess

25

School Closed
Winter Recess

28

School Closed
Winter Recess

29

School Closed
Winter Recess

30

School Closed
Winter Recess

31

School Closed
Winter Recess

Captain's Quarters
Coffee/Espresso/Hot
Tea Open Daily
Serving Breakfast
& Lunch
Proudly Serving Java
City Coffee