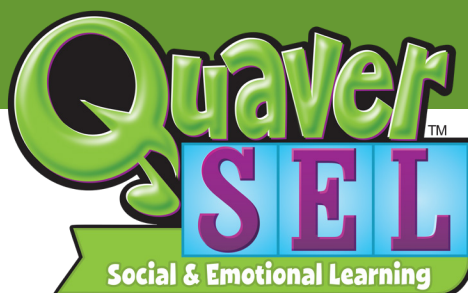




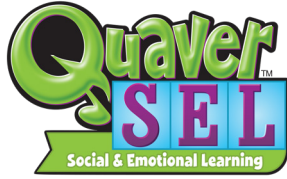
Promote Inclusion and Diversity, Reduce Bullying, Increase Responsibility, and Improve Classroom Behavior with

Social and Emotional Learning





MORE | Memorable
Engaging
Meaningful
Effective



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Social and Emotional Learning

The Importance of Social & Emotional Learning

Educators today recognize the growing need to integrate Social and Emotional Learning (SEL) in their districts. SEL helps build safer schools, promotes higher attendance rates, and develops students that celebrate diversity and inclusion. In addition, SEL helps support classroom management, character education, and bullying prevention, so teachers can focus their limited time on teaching rather than on behavioral problems.

This is the work of Social and Emotional Learning—or SEL for short. SEL focuses on developing skill sets that are found in mature, responsible students. When children can identify and manage their thoughts and emotions, they are better prepared to learn and grow in the classroom . . . and beyond.

Teachers understand the critical importance of this emphasis on all aspects of a child's education. In fact, a recent study¹ by the Collaborative for Academic, Social, and Emotional Learning (CASEL) found that **93% of teachers want to see a greater focus on SEL** in their schools. These educators know that social and emotional skills are teachable, but they need effective resources and training to implement them effectively. Teachers want to prioritize integrating SEL learning practices and strategies into the curriculum, as well as school culture.



Quaver Trainer Valerie Diaz Leroy spent 13 years as a music educator, seeing firsthand the power of music to develop the whole child.

Google recently conducted a study² that supports this conclusion. They found that it was not intelligence, technical virtuosity, or STEM skills that were the greatest determinants of employee success. Rather, it was the employee's social and emotional skills. While educators and employers certainly agree with this conclusion, the challenge of integrating SEL into the busy school day remains.

At QuaverMusic, we're confident that we have found the answer to seeing these benefits in your school. Over the past 10 years, we've worked with music teachers in more than 8,000 schools around the world, developing online curriculum resources that engage today's students in skill-building exercises. From this solid foundation of experience springs a groundbreaking new approach to SEL education.



"The seven top characteristics of success at Google are all soft skills: being a good coach; communicating and listening well; possessing insights into others... having empathy... being a good critical thinker and problem solver; and being able to make connections across complex ideas."

¹ <http://www.casel.org/wp-content/uploads/2016/01/the-missing-piece.pdf>

² https://www.washingtonpost.com/news/answer-sheet/wp/2017/12/20/the-surprising-thing-google-learned-about-its-employees-and-what-it-means-for-todays-students/?utm_term=.befc84ed1ee5

Introducing QuaverSEL

Introducing QuaverSEL – an innovative, online program from QuaverMusic that uses the power of music to address core SEL skills in both teachers and students.

QuaverSEL is easy-to-use.

QuaverSEL resources are accessed entirely online, where a classroom teacher, school counselor, or SEL practitioner can click to launch lessons from any classroom technology. Lessons can be used as a curriculum of weekly 30 to 45-minute sessions or as single activities for a 5-10 minute morning gathering each day. Lessons include accompanying Teacher Notes that offer suggestions on how to engage students with each activity.

QuaverSEL is evidence-based.

With 32 fully-developed lessons in each grade level, QuaverSEL helps lay a solid foundation for Social and Emotional Learning. Each grade level includes lessons to support the five CASEL competencies: self-awareness, self-management, social awareness, relationship skills, and responsible decision-making. Additional SEL Plus lessons explore issues of honesty, bullying prevention, and digital citizenship.

QuaverSEL is engaging and effective.

Lessons are comprised of a series of interactive screens, launched from any computer or interactive whiteboard. Activities encourage students to engage with each other and available technology, through songs, movement, discussions, and more. Lessons follow a logical flow, using music as a vehicle to engage students every step of the way. From critical thinking to problem-solving to role-play of real-life scenarios, each activity guides students in recognizing, understanding, and practicing the social or emotional topic at hand.

Music Makes the Difference

If our foundation in the music classroom has taught us anything, it's the undeniable power of music as a teaching tool. To harness this power, we've developed an approach to teaching that uses this power to foster SEL skill development in students beyond the music classroom. **We call it Music-Based Learning®.**

Music-Based Learning® is based on this premise:



That's why QuaverSEL resources are infused with music. Each lesson includes a music element such as a chant, song, rap, jingle, musical story, or movement. Across QuaverSEL, music helps teachers to set the tone for class, to emphasize a social or emotional theme, and to transition smoothly into learning across the curricula.

Music-Based Learning®

"Music-Based Learning® is a powerful way to inject emotion into the classroom. Not only does music redirect students' energy towards learning, it also carries the central idea of the lesson."

– Dr. David V. Mastran

President and Co-Founder of QuaverMusic.com

SEL enhances the student's capacity to wholly integrate his or her emotions, attitudes, and behaviors into a larger context that promotes intrapersonal, interpersonal, and cognitive growth.

Interactive, Online Resources

Where music engages and activates student interest for learning, the dynamic delivery of resources online helps students embrace the ideas and messages of SEL with enthusiasm!

Recent advancements in online technology have improved the learning experience for students and teachers alike. Learning is no longer bound by the walls of the classroom. Teachers are more available to their students than ever. Students have access to more information and are no longer weighed down by heavy, outdated books.

QuaverSEL is a fully-online program that is completely customizable to meet the unique needs of any class or individual students. Teachers can adapt lessons and add additional content from outside Quaver to create a seamless classroom presentation. The online capabilities of QuaverSEL give our team the ability to constantly add new lessons and activities multiple times a year, keeping the program fresh and the content always up-to-date.

QuaverSEL lessons can be launched on any classroom technology and include companion activities for student devices including iPads, ChromeBooks, and other mobile devices. Students can also create free online accounts to access teacher-directed assignments, assessments, and activities at home or in the classroom.



Meeting—and Exceeding—CASEL Core Competencies

The most accepted taxonomy for social and emotional learning is advocated by the not-for-profit organization CASEL (Collaboration for Academic, Social and Emotional Learning).

CASEL has identified five core SEL competencies:

1. Self-Awareness
2. Self-Management
3. Social Awareness
4. Relationship Skills
5. Responsible Decision-Making

QuaverSEL addresses each competency set with a band of grade-specific lessons, but we don't stop there! The following is a breakdown of each of the five CASEL core competencies with the sub-skills taught in QuaverSEL.



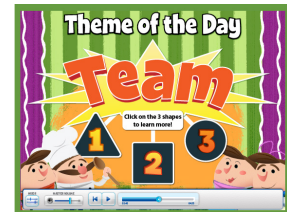
1. Self-Management

- Stress management
- Self-discipline
- Self-motivation
- Goal-setting
- Organizational skills



4. Responsible Decision-Making

- Identifying and solving problems
- Analyzing situations
- Evaluating
- Reflecting
- Ethical responsibility



2. Relationship Skills

- Communication
- Social engagement
- Relationship-building
- Teamwork



5. Self-Awareness

- Identifying emotions
- Accurate self-perception
- Recognizing strengths
- Self-confidence
- Self-efficacy



3. Social Awareness

- Perspective-taking
- Empathy
- Appreciating diversity
- Respect for others



QuaverSEL Plus Competencies

- Academic achievements
- Bullying
- Personal safety
- Honesty
- Anxiety
- Disappointment
- Moods



What Teachers are Saying about QuaverSEL

"In my standalone SEL class, I only see students once a week for 60 minutes. Being able to focus attention with a song or video and then discuss is a helpful tool. I have had students ask for songs weeks after listening! One kindergarten student started humming "We Should Be Friends" when I started talking about how to be a good friend! Best moment so far!"

Tad Sekeres / SEL Instructor / Metro Nashville Public Schools, TN

"I find the Quaver SEL program a great tool to use in the classroom. It can be related to many lessons!"

Margarita Rodriguez / Kindergarten Teacher / Miami-Dade County Public Schools, FL

A Comprehensive Solution for Schoolwide SEL

With ten years of expertise in teaching skill-based subjects, Quaver understands that curriculum resources are just one piece of the puzzle. QuaverSEL licenses come with world-class support in the form of **professional development, tech support, and customer service** to help teachers, counselors, and principals make the most of a school-wide SEL program.

At Quaver, we understand and appreciate that social and emotional learning is crucial to the development of productive, successful citizens. Our approach to creating curriculum resources for SEL keeps this big picture in mind, while giving teachers the tools they need to focus in on the individual skills and behaviors that SEL can help address in order to help kids thrive.



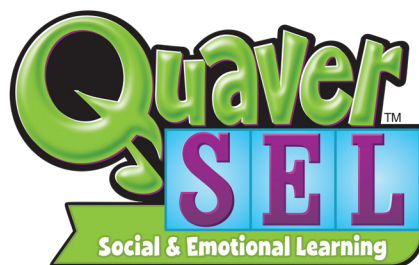
Find out how QuaverSEL can transform your school culture through real-world SEL skill development. Contact our team for a personalized demo or try our free 30-day preview at QuaverSEL.com/preview.

For more information:
Contact the QuaverSEL team.

(866) 917-3633

Monday through Friday

7 a.m.– 6 p.m. CST



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