

# Gluten Free Menu November 2019

## Daily Lunch Offerings

### Sandwiches on Gluten Free Bread

- Tuna Salad
- Turkey & American Cheese Sandwich
- American Cheese Sandwich

### Grab n Go Packs

- Cinnamon Raisin Toast w/ 2 Mozzarella String Cheese, Baby Carrots, Fruit, Milk

### Side Salad

- Dark Leafy Greens

### Assorted Fresh Fruit

or 100% Fruit Juice.

**All Meals served with Milk: 1% White, Fat Free White, Fat Free Flavored.** (All hormone and antibiotic free)

The Foods on This Menu are Available Only to Students with Documented Food Restrictions

4	5	6	7	8
<u>Gluten Free Chicken Patty</u> On a GF Bun	<b>School Closed</b>	<u>Gluten Free Grilled Cheese Sandwich</u>	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread	<u>Gluten Free Pizza Margherita</u>
Seasoned Corn Fresh Fruit Milk		Baby Carrots Fresh Fruit Milk	Celery Sticks Fresh Fruit Milk	Grilled Garbanzos Fruit Milk
11	12	13	14	15
<b>School Closed</b>	<u>Gluten Free Turkey &amp; Cheese Wrap</u>	<u>Gluten Free Grilled Cheese Sandwich</u>	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread	<u>Gluten Free Pizza Margherita</u>
	Seasoned Spinach Fresh Fruit Milk	Baby Carrots Fresh Fruit Milk	Celery Sticks Fresh Fruit Milk	Grilled Garbanzos Fruit Milk
18	19	20	21	22
<u>Gluten Free Chicken Patty</u> On a GF Bun	<u>Gluten Free Turkey &amp; Cheese Wrap</u>	<u>Gluten Free Grilled Cheese Sandwich</u>	<u>Gluten Free Chicken Tenders</u> Gluten Free Bread	<u>Gluten Free Pizza Margherita</u>
Seasoned Corn Fresh Fruit Milk	Seasoned Spinach Fresh Fruit Milk	Baby Carrots Fresh Fruit Milk	Celery Sticks Fresh Fruit Milk	Grilled Garbanzos Fruit Milk
25	26	27	28	29
<u>Gluten Free Chicken Patty</u> On a GF Bun	<u>Gluten Free Turkey &amp; Cheese Wrap</u>	<u>Gluten Free Grilled Cheese Sandwich</u>	<b>School Closed</b>	<b>School Closed</b>
Seasoned Corn Fresh Fruit Milk	Seasoned Spinach Fresh Fruit Milk	Baby Carrots Fresh Fruit Milk		