



# Pearl River Elementary School Menu JUNE 2021

## Lunch Includes

3 of the 5 Components  
Choice of Fruit or Juice,  
Vegetable, Grain, Meat or Meat  
Alternate and Milk

## Milk Choice:

1%, Skim or Chocolate Skim  
(Hormone & Antibiotic Free)

## Lunch Alternatives:

Bagel Lunch w/Yogurt

## Sandwich Choices:

Turkey, Cheese or PB&J

## Salad Choices:

Grilled Chicken Salad or  
Garden Salad

**All School Meals Are Free to All  
Students Until 6/30/21**

**Gluten Free Meals are Available  
Only to Students with Documented  
Food Restrictions  
Please See Separate Gluten  
Free Menu**



This institution is an equal opportunity provider.

### 1 Mini Maple Madness Waffles

Chicken Sausage  
Fruit Cup in Juice  
Choice of Milk

### 2 Chicken Patty Sandwich On a WG Bun

Chickpeas  
Fruit Cup in Juice  
Choice of Milk

### 3 Meatball Hero

Steamed Green Beans  
Apple Slices  
Choice of Milk

### 4 Fresh Baked Cheese or Pepperoni Pizza

Baby Carrots  
Mandarin Orange  
Choice of Milk

### 7 Breakfast for Lunch Mini Maple Burst Pancakes

Chicken Sausage  
Fruit cup in Juice  
Choice of Milk

### 8 Chicken Nuggets

WG Dinner Roll  
Steamed Green Bean  
Mandarin Orange  
Choice of Milk

### 9 Hamburger or Cheeseburger On a WG Bun

Chickpeas  
Fruit cup in Juice  
Choice of Milk

### 10 Chicken Tenders

Steamed Broccoli  
Apple Sauce  
Choice of Milk

### 11 Fresh Baked Cheese or Pepperoni Pizza

Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

### 14 Hamburger or Cheeseburger On a WG Bun

Steamed Broccoli  
Apple Slices  
Choice of Milk

### 15 Chicken Parm Sandwich

Steamed Green Beans  
Fruit Cup in Juice  
Choice of Milk

### 16 Breakfast for Lunch French Toast Sticks

Chicken Sausage  
Mandarin Orange  
Choice of Milk

### 17 All Beef Hot Dog On a WG Bun

Chickpeas  
Fruit Juice  
Choice of Milk

### 18 Fresh Baked Cheese or Chicken Parm Pizza

Baby Carrots  
Fruit Cup in Juice  
Choice of Milk

### 21 Chicken Tenders

WG Dinner Roll  
Green Beans  
Apple Sauce  
Choice of Milk

### 22 Mini Maple Madness Waffles

Chicken Sausage  
Apple Slices  
Choice of Milk

### 23 Corn Dog

Steamed Broccoli  
Fruit cup in Juice  
Choice of Milk

### 24 Early Dismissal No Lunches Served

### 25 Early Dismissal No Lunches Served

