



# Upson-Lee Pre-K

## February 2024 Menu



Monday	Tuesday	Wednesday	Thursday	Friday
	Cruciferous Vegetables: Broccoli Cauliflower Cabbage		1 Sweet & Sour Meatballs Rice Steamed Broccoli Fruit Choice	2 Fish Sticks Hushpuppies French Fries Fruit Juice
			Sausage Biscuit	Manager's Choice
5 Hamburger Potato Smiles Cheesy Broccoli Fruit Choice	6 Popcorn Chicken w/ Roll Creamy Potatoes Early Peas Fruit Choice	7 Chili w/ Crackers Baby Carrots w/Dip Dragon Punch Juice Fruit Choice	8 Stuffed Cheese Sticks Marinara Sauce Side Salad Fruit Choice	9 #SuperBowl Tailgate Tacos Kick-Off Veggies Corn, Lettuce, & Tomatoes Snap A fruit of your Choice
Muffin	Pop Tart	Cereal Day	Chicken Biscuit	Manager's Choice
12 Crispy Chicken Sandwich French Fries Green Beans Fruit Choice	13 Spaghetti Garlic Toast Whole Kernel Corn Fruit Choice	14 #Valentines "Heart~y" Nuggets w/ Roll Mashed Potatoes Turnip Greens Fruit Choice	15 Nachos Salsa & Sour Cream Refried Beans Fruit Choice	16 BBQ Sandwich w/ Chips Fresh Veggie Cup w/ Dip Dragon Punch Juice Fruit Choice
Waffles	Chicken Biscuit	Cereal Day	Honey Bun	Manager's Choice
19	20 	21 Winter Break	22 	23
26 Popcorn Chicken Mac-N-Cheese Dragon Punch Juice Fruit Choice	27 Chicken Alfredo Breadstick Lima Beans Fruit Choice	28 French Toast w/ Sausage Tater Tots Sun Splash Juice Fruit Choice	29 Cheese Pizza Whole Kernel Corn Broccoli Bites w/ Dip Fruit Choice	
Cereal Bar	Steak Biscuit	Cereal Day	Cini Minis	

Additional options offered daily:

All lunch meals are served with vegetable, fruit, and milk options. All breakfast meals are served with fruit, fruit juice, and milk options.

Menu's are subject to change based on availability of items with distributors. "USDA is an equal opportunity provider and employer."