

## **SEPTEMBER 2019**

Steger School District 194

	Monday	Tuesday	Wednesday	Thursday	Friday
	No School	Cereal Bar	Cereal Bar	Sausage and Egg Taco	Chef's Choice
H	9 Cereal Bar	Strawberry Pancakes	Breakfast Tornado	French Toast	Chef's Choice
	Cereal Bar	Maple Pancakes	Breakfast Burrito	Omelet W/ Bagel	Chef's Choice
	Cereal Bar	Confetti Pancakes	Apple Bosco	Mini Chocolate Doughnuts	Chef's Choice
	Cereal Bar				



## **SEPTEMBER 2019**

Columbia Central

Monday	Tuesday	Wednesday	Thursday	Friday
2	Nacho W/ Meat and Cheese OR	Garlic Parmesan Flatbread OR	Meatball Sub OR	OR OR
NO	Chicken and Cheese Quesadilla	Twisted Breadsticks	Macaroni and Cheese	Sausage Pizza
SCHOOL	Pinto Beans	Sliced Red Pepper	Romaine Salad	Corn
	Fruit	Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk
Chicken Patty	Chicken Taco	Meatloaf OR	Italian Sub OR	Cheese Pizza OR
Or Cheeseburger	OR Beef and Bean Burrito	OR Toasted Cheese Sandwich	OR Bosco Sticks	OR Pepperoni Pizza
Brussel Sprouts	Refried Beans	Collard Greens	Carrot Sticks	Peas
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk
Chicken Tenders OR	Taco Pie OR	BBQ Chicken Pizza Wedge OR	Southwest Burger OR	Cheese Pizza OR
Crispy Chicken Leg	Meat and Cheese Taco	Turkey and Gravy	Cowboy Cavatini	Buffalo Chicken Pizza
Broccoli Fruit	Black Beans Fruit	Mashed Potatoes Fruit	Green Beans Fruit	Sweet Potato Fries Fruit
Milk	Milk	Milk	Milk	Milk
Chicken Patty OR	Chicken Enchilada OR	Chicken Potato Bowl OR	Grilled Chicken Sandwich OR	Cheese Pizza OR 27
OR Cheeseburger	OR Chicken Fajita	OR Spaghetti W/ Meat Sauce	OR BBQ Chicken Sandwich	OR Sausage Pizza
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Zucchini	Refried Beans	Romaine Salad	Red Peppers	Corn
Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk	Fruit Milk
Chicken Nuggets OR				
Corn Dog				
Green Beans Fruit	The second second		1 1 1 1 1 1 1	
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