



# Mahopac Middle School

## June 2022

		1 <b>BREAKFAST FOR LUNCH</b> WG French Toast Sticks/Syrup Glazed Carrots Chicken Sausage Sliced Cantaloupe	2 Chicken Nachos W/ WG Tostito Scoops Brown Rice Broccoli Salsa Mixed Berry Cup	3 ** Bacon, Egg & Cheese WG Roll Tater Tots Sauté' Zucchini Strawberry Cup
6 <b>MEATLESS MONDAY</b> Oven Baked WG Mozzarella Sticks Tomato Dipping Sauce Tater Tots Celery Sticks Fresh Apple	7 WG Oven Baked Chicken Nuggets Sweet Corn WG Dinner Roll Strawberry Cup	8 Hamburger/ Cheeseburger- WG Bun Baked Fries Broccoli Sliced Watermelon	9 Oven Roasted BBQ Chicken WG Roll Sweet Potato Fries Mixed Berry Cup	10 <b>PIZZA BAR</b> Plain, Pepperoni ** <b>OR</b> Vegetable Pizza Cucumber Salad Black Bean Salad Strawberry Cup
13 Testing Day No Lunch	14 Testing Day No Lunch	15 Testing Day No Lunch	16 Testing Day No Lunch	17 Beef Hot Dog WG Bun Baked Fries Mixed Berry Cup
20 	21	22	23 	24
27	28	29	30	<b>ALL STUDENTS EAT FREE EVERY DAY</b>

### More info...

Lunch Price **-FREE to ALL Students**,  
Adult meal \$5.02 +tax

If you have a food allergy, please speak to the nurse or food server about it.

**\*\* = PORK Product, WG = Whole Grain**

This institution is an equal opportunity provider.



### More info...

Available Daily – Sandwich all WG (Turkey & Cheese or \*\*Ham & Cheese,), assorted pizza.

Carrot sticks, assorted fresh fruit and 100% fruit Juice.

Daily Milk Choice; 1%, Skim & FF Chocolate offered with every meal.

**## Menu subject to change**