



Mahopac Middle School

December 2023

27

Buffalo Chicken
Patty on a WG Bun
Baked Fries
Carrot Sticks
Fresh Pear
Milk

28

Turkey Soft WG Tacos
Pico de Gallo
Cheddar Cheese
Cilantro Rice
Campfire Beans
Strawberry Cup
Milk

29

Fish Patty on WG Bun
Plain Rice
Steamed Spinach
Apple Sauce
Milk

30

WG Pancakes w/
syrup
Hash Brown
Chicken Sausage
Grape Tomato
Petite Banana
Milk

1

BBQ Chicken w/ WG
Mac & Cheese
Cucumber Slices
Broccoli
Fresh Pineapple
Milk

4

Chicken Lo Mein
w/Mixed Vegetable
Baby Carrots
Red Apple
Milk

5

Chicken Fajita on Soft
WG Tortilla
Tomato Salsa
Black Beans
Red & Green Pepper
Strips
Raisins
Milk

6

WG Chicken Nuggets
WG Breadstick
Honey Mustard
Sweet Corn
Romaine Side Salad
Apple Slices
Milk

7

Beef Hot Dog on WG
Bun
Baked Fries
Celery Sticks
Cantaloupe
Milk

8

Cheese or
Chicken & Cheese
WG Quesadilla
Cucumber Salad
Orange Wedges
Milk

11

WG Bosco Cheese
Sticks
w/ Tomato Dipping
Sauce
Baked Fries
Broccoli Florets
Peach Cup
Milk

12

Cheese, *Pepperoni
or Buffalo Chicken
WG Pizza
Baked fries
Sliced carrots
Orange Smiles
Milk

13

Sweet & Sour Chicken
Brown Rice
Steamed Zucchini
Sliced Apple
Milk

14

WG Spaghetti w/ Beef
Meat Balls
Garlic Toast
Romaine Side Salad
Petite Banana
Milk

15

Hamburgers,
Cheeseburger or
Veggie Burgers
On WG Bun
Baked Beans
Green Beans
Apple Sauce
Milk

18

Brunch for Lunch
WG French Toast
Sticks
Syrup
Chicken Sausage Patty
Carrot Coins
Strawberry Cup
Milk

19

WG Chicken Tenders
w/ Honey Mustard
Sauce
WG Bread Stick
Roasted Cauliflower
Cucumber Slices
Orange Wedge
Milk

20

WG Rotini w/ Beef
Meat Sauce
WG Dinner Roll
Broccoli Florets
Red Apple
Milk

21

BBQ Chicken
WG Dinner Roll &
Mashed Potato
Baked Beans
Fresh Pear
Milk

22

Ground Beef Chili
Fries
Mixed Garden
Vegetables
Apple Sauce
Milk

25

**Holiday Recess
Schools Closed**

26

**Holiday Recess
Schools Closed**

27

**Holiday Recess
Schools Closed**

28

**Holiday Recess
Schools Closed**

29

**Holiday Recess
Schools Closed**

More info...

Lunch Price - \$2.45 **Adult meal \$5.02 +tax**

If you have a food allergy, please speak to the nurse or food server about it

**** = Pork Product, WG = Whole Grain**

Kathy Weinborg, Director of Food Service ext: 11891

This institution is an equal opportunity provider.

Available Daily

Assorted sandwiches, Entrée Salad w/Chicken, Cheese & WG roll, assorted WG pizza, yogurt parfait w/ granola, Hummus veggie platter w/cheese & tortilla chips. Hamburger or Chicken Patty on a WG bun. Carrot & celery sticks offered daily. Assorted breadbasket and fresh fruit. 100% Fruit Juice & Milk offered with every meal. FF Chocolate, 1% and Skim milks

weinborg-katherine@aramark.com

