

September 2021

Gluten Free Breakfast and Lunch Menu

Daily Lunch Offerings:
Ham, Turkey, Tuna
Garden and Grilled Chicken
Salad
Sandwiches on Gluten Free
Bread or Wraps

Assorted Fresh Fruit
or 100% Fruit Juice

Milk Choice:
Skim, 1% or Fat Free Chocolate
Hormone & Antibiotic Free

Gluten Free Meals are Available
Only to Students with
Documented Restrictions

If you have any questions or
would like to order from this
menu, please email:
cooper-nicole@aramark.com

All School Meals Are
Free For All
Students Until 6/30/22



This institution is an equal opportunity provider.



1
GF Lucky Charms
Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

2
GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

3
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk



7
School Closed
Rosh Hashanah

8
School Closed
Rosh Hashanah

9
GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

10
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

13
GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

14
GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

15
GF Lucky Charms
Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

16
School Closed
Yom Kippur

17
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

20
GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

21
GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

22
GF Lucky Charms
Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

23
GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

24
GF Honey Nut Cheerios
Fruit and Milk

Gluten Free Cheese
Pizza
Baby Carrots
Fresh Fruit and Milk

27
GF Cheerios
Fruit and Milk

Chicken Patty
On a GF Bun
Seasoned Corn
Fresh Fruit and Milk

28
GF Bagel w/ Butter
Fruit and Milk

Gluten Free
Turkey & Cheese Wrap
Steamed Broccoli
Fresh Fruit and Milk

28
GF Lucky Charms
Cereal
Fruit and Milk

Cheeseburger
On a GF Bun
Steamed Green Beans
Fresh Fruit and Milk

30
GF Blueberry Muffin
Fruit and Milk

Gluten Free
Chicken Tenders
Celery Sticks
Fresh Fruit and Milk

