

September 2021

High School Lunch Menu

Lunch Includes:
3 of the 5 Components
Choice of Fruit, Vegetable,
Grain, Meat or Meat Alternate
and Milk
Milk Choice:
Skim, 1% or Fat Free
Chocolate
Hormone & Antibiotic Free

Daily Options:
Made to Order Deli and
Salads
Pizza:
Cheese, Pepperoni, and
Specialty Pies
Also Available:
Spicy and Plain Chicken
Patties, Burgers, Black Bean
Burgers, Chicken Tenders

Gluten Free Meals are
Available Only to Students
with Documented
Restrictions
Please See Separate Gluten
Free Menu

Any questions please email:
cooper-nicole@aramark.com

All School Meals Are
Free For All Students
Until 6/30/22



This institution is an equal opportunity provider.



1
Grilled Chicken
Sandwich
Steamed Broccoli
Choice of Fruit and
Milk

2
Beef Tacos in a
hard shell
Mexican Rice
Black Beans
Choice of Fruit and
Milk

3
Bacon
Cheeseburger
French Fries
Baby Carrot
Choice of Fruit and
Milk



7
School Closed
Rosh Hashanah

8
School Closed
Rosh Hashanah

9
All Beef Hotdog
Veggie Baked
Beans
Choice of Fruit and
Milk

10
Chicken Quesadilla
Roasted Corn
Choice of Fruit and
Milk

13
Buffalo Chicken
Tenders
Steamed Broccoli
Choice of Fruit and
Milk

14
Chicken B.L.T
Sandwich
Corn
Choice of Fruit and
Milk

15
Meatball Parm
Sandwich
Sliced Cucumber
Choice of Fruit and
Milk

16
School Closed
Yom Kippur

17
Chicken Caesar
Wrap
Choice of Fruit and
Milk

20
Popcorn Chicken
Mashed Potatoes
and Corn
Choice of Fruit and
Milk

21
Beef Nachos
Black Beans
Choice of Fruit and
Milk

22
French Toast
Sticks
Chicken Sausage
Hash Brown
Choice of Fruit and
Milk

23
Buffalo Chicken
Salad
Bread Stick
Choice of Fruit and
Milk

24
Philly Cheese
Steak
Baby Carrots
Choice of Fruit and
Milk

27
Macaroni and
Cheese
Dinner Roll
Steamed Broccoli
Choice of Fruit and
Milk

28
Chicken Parm
Sandwich
Steamed Green
Beans
Choice of Fruit and
Milk

28
Sweet and Sour
Chicken
Rice
Choice of Fruit and
Milk

30
Mexican Beef Bowl
Black Beans
Choice of Fruit and
Milk

