

# ALLERGEN-FREE\* SNACK LIST

\*Free of peanuts and tree nuts - These are allergen-free snacks.  
Fresh fruit, vegetables and non-edible items are always encouraged.

If your child is celebrating their birthday here at school, please make sure the treats brought in are either non-edible or on the allergen-free safe snack list below. We will not distribute or send home treats that do not appear on the approved list. Many students have serious food allergies, and we need to be sure that the treats will be safe for all children. **TREATS MAY NOT BE DISTRIBUTED IN THE LUNCHROOM.**

**Individually packaged cups do not contain spoons. Take-home treat bags should be in clear, zip-lock bags. Please see below for approved snacks.** As a district, we are not endorsing these brands. This list will be reviewed monthly and may be changed based on updated allergen information.

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## **Chips**

Baked Lay's - Original, Sour Cream & Onion, Parmesan and Tuscan Herb  
Pirate's Booty – aged white cheddar, sour cream and onion, New York pizza  
Pringles Snack Pack – original, 100 calorie original  
Ruffles - Original, Reduced Fat, Sour Cream & Onion, Cheddar & Sour Cream

## **Crackers**

Barnum's Animal Crackers – original  
Pepperidge Farm Goldfish Crackers  
Triscuit Crackers – original, garden herb, rosemary and olive oil, roasted garlic

## **Drinks**

Water – non-flavored, non-sweetened, and non-carbonated

## **Fruit/Vegetables**

Fresh fruit  
Individually packaged apple sauce  
Individually packaged vegetable sticks

*Parents please provide spoons.*

## **Popcorn**

Skinny Pop Popcorn  
Smart Food Popcorn – white cheddar, reduced fat, movie theatre butter

## **Pretzels**

Rold Gold Pretzels – thins, sticks, rods, tiny twists  
Kraft Handi-Snacks Mister Salty Pretzels and Cheese Dip  
Pepperidge Farm Goldfish Pretzels

## **Treats**

Chips Ahoy – Chocolate Chip, Reduced Fat, Candy Blasts, Chunky, Chewy, White Fudge Chunky, Mini  
Oreo – Original, Double Stuf  
Lorna Doone Shortbread Cookies  
Luigi's Real Italian Ice – cherry, lemon, mango, watermelon, and blue raspberry  
Teddy Grahams – cinnamon, honey, chocolate, chocolatey chip, mini

## **Candy - Individually packaged serving size**

Starburst Fruit Chews  
Twizzlers  
Milk Duds  
Skittles  
Junior Mints  
Smarties

## **Other**

Double Bubble Gumballs